

**CATALO Timed Release Bio Vitamin C (with Natural Rose Hips & Natural Vitamin P)** contains 500mg of timed release Vitamin C per vegetarian tablet, which is designed to release optimum levels of Vitamin C rapidly and continuously deliver into your body for more than 4 hours, providing ongoing protection to your body. It is formulated with Natural Citrus Bioflavonoids (Vitamin P) and Natural Rose Hips that enhance anti-viral activity, support healthy inflammatory response<sup>2</sup> and help your immune system to fight off foreign invaders<sup>3</sup>. The product has been tested for heavy metals and microbiology according to United States Pharmacopoeia (USP) standard.

### Main Functions:

- Timed release formula for maximum absorption of Vitamin C and long lasting protection
- Reduce incidence and duration of respiratory infections<sup>1</sup>
- Anti-viral activity and support healthy inflammatory response<sup>2</sup>
- Extra boost of immunity and build stronger physique

**Suitable for: Teenagers, adults, want to stay healthy, boost immunity, concerned about respiratory health**



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# CATALO Timed Release Bio Vitamin C

長效釋放活性維他命C  
含天然玫瑰果精華及天然維他命P

With Natural Rose Hips &

Natural Vitamin P

Extra Support to Immunity

Powerful Antioxidant

Reduce incidence and duration of respiratory infections<sup>1</sup>



Vitamin C 500mg  
per Vegetarian Tablet

60 Vegetarian  
Tablets  
DIETARY SUPPLEMENT



## Nutrition Information

Serving Size: 1 Tablet (804mg)  
Servings Per Container: 60

Amount Per Serving			
<b>Timed Release Vitamin C</b>		<b>500mg</b>	
<b>Citrus Bioflavonoids (Vitamin P, as Hesperidin)</b>		<b>25mg</b>	
<b>Natural Rose Hips</b>		<b>16mg</b>	
Energy (kcal)	3	Carbohydrates (g)	0.6
Total Fat (g)	0.0	- Sugars (g)	0.0
- Saturated Fat (g)	0.0	Protein (g)	0.0
- Trans Fat (g)	0	Sodium (mg)	2

Serving	For aged 12-18, take 1 tablet daily.
Directions	For adults, take 1 tablet 1-2 times daily. Take second tablet 6 hours apart for the best result.
Ingredients	Vitamin C, Citrus Bioflavonoids, Natural Rose Hips Other Ingredients: Bulking Agent (Microcrystalline Cellulose), Thickener (Hypromellose), Bulking Agent (Maltodextrin), Anticaking Agent (Magnesium Stearate, Silicon Dioxide), Glazing Agent (Polyvinyl Alcohol)
Storage	Keep in a dry and cool place. Avoid direct sunlight
Net Weight	48.2g (804mg x 60 tablets)
Best Before	Shown on box (End MM/YYYY)

This product contains ingredients from natural sources and may have color variation. This is a normal phenomenon and does not affect product quality.

1. Patrick Holford, et al, (2020) Nutrients, 12(12), 3760 (Refer to Vitamin C)
2. Mohammad Reza Khazdair, (2021) Adv Respir Med, 89(4), 472-473. (Refer to Hesperidin)
3. C. Chrubasik, et al, (2006) Phytother. Res., 20, 1-3 (Refer to Rose Hips)

Manufactured by cGMP certified facility for CATALO Natural Health USA Inc. Pomona, CA91768, USA  
Imported from United Kingdom  
Packaged in Hong Kong



Asia-Pacific Distributor: CATALO Natural Health Foods  
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Customer Hotline: (852) 3556 8686

Product Code  
811010

CATALO.COM

**CATALO長效釋放活性維他命C (含天然玫瑰果精華及天然維他命P)** 每粒含有500毫克經精心技術打造的長效釋放維他命C，食用後能快速吸收，並持續將最佳水平的維他命C輸送到您的身體，發揮長效釋放功效超過4小時，全日守護您的健康。配方特別加入豐富天然柑橘類黃酮（亦被稱為「維他命P」）和天然玫瑰果精華，能有效抵抗病毒、舒緩炎症反應<sup>2</sup>和幫助免疫系統抵禦外界侵害、令體格更強健<sup>3</sup>。產品通過美國藥典標準的重金屬和微生物測試，食用更安心。

### 主要功效：

- 長效釋放活性維他命C，增強吸收，時刻保護身體
- 減少呼吸道感染的機率，加快痊癒<sup>1</sup>
- 抵抗病毒，舒緩炎症反應<sup>2</sup>
- 增強免疫力

適用人士：青少年、成年人，希望保持健康和提升免疫力，及關注呼吸道健康之人士

### 營養資料

食用份量：1粒(804毫克)  
每包裝所含食用份量：60

### 每食用份量

長效釋放維他命C	500毫克
柑橘類黃酮	25毫克
(天然維他命P, 橙皮苷)	
天然玫瑰果精華	16毫克
能量(千卡)	3
蛋白質(克)	0.0
總脂肪(克)	0.0
-飽和脂肪(克)	0.0
-反式脂肪(克)	0
碳水化合物(克)	0.6
-糖(克)	0.0
鈉(毫克)	2

建議食法	12-18歲：每天1次，每次1粒 成人：每天1-2次，每次1粒。第2粒相隔6小時，效果更佳
成分	維他命C，柑橘類黃酮，天然玫瑰果精華 其他成分：增體劑（微晶纖維素），增稠劑（羥丙甲纖維素），增體劑（麥芽糊精），抗結劑（硬脂酸鎂，二氧化矽），上光劑（聚乙烯醇）
保存方法	請放於乾燥及陰涼地方 避免陽光直接照射
內容量	48.2克（804毫克 x 60粒）
此日期前最佳	如盒所標示（月/年底）

此產品含有天然成分，顏色深淺略有差異或變化屬正常現象，不影響產品質素。

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網頁：CATALO.COM

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