



Health and Beauty from within

CARc, viTAlity, LOngevity. This is what CATALO stands for. It is our philosophy that true health and beauty radiates from within and we are committed to understanding your health needs and enhancing health through superior natural health supplements that nourish your body.

Jelly Bites

CATALO

Pregnancy Essential Nutrients

Choline & DHA

With Folic Acid,
Natural Vitamin B12 & D3

Supports Fetus' Brain & Visual Growth*

Essential for Mobile Coordination
Development*

BEFORE,
DURING
Pregnancy
& AFTER



27 Jelly Bites

Sourced from Nature

DIETARY SUPPLEMENT



VitaCholine® is a registered trademark of
Balchem Corporation or its subsidiaries.



Stay Fresh in
Blister Pack

CATALO Pregnancy Essential Nutrients Formula contains multiple nutrients for healthy fetus and baby development,* including 540mg safe and potent concentrated fish oil with DHA and EPA, branded Choline of VitaCholine® extracted from Grapes, Vitamin B12 and Vitamin D3 sourced from nature, and Folic Acid in just one Jelly Bite.

Not your ordinary supplement, it is a delicious orange flavored jelly in bite size. Naturally gluten free with no added sugar, artificial flavor, color, or preservatives. Individually sealed in blister, all Jelly Bites have their quality retained as at the time they were produced.

Supplement Facts

Serving Size: 1 Jelly Bite
Servings Per Container: 27

Amount Per Serving	% DV for Pregnant & Lactating Women	%DV 4 yrs & up
Calories	5	
Total Fat	0.5g <1%*	<1%*
Sodium	5mg <1%	<1%
Vitamin D3 (as Cholecalciferol)	10mcg 67%	50%
Folate	1020mcg DFE (600 mcg Folic Acid)	170% 255%
Vitamin B12 (as Cobalamin)	2.6mcg 93%	108%
Choline (from Choline bitartrate)	21mg 4%	4%
Omega-3 Fatty Acids	362mg †	†
EPA (Eicosapentaenoic Acid)	54mg †	†
DHA (Docosahexaenoic Acid)	270mg †	†

* Percent Daily Values (DV) are based on a 2,000 calories diet.
† Daily Value (DV) not established.

Other Ingredients: Xylitol, Purified Water, Sorbitol, Gelatin, Trisodium Citrate, Strawberry Flavor, Orange Flavor, Lemon Flavor, Paprika Extract, Medium Chain Glycerides, Vegetable Oil. **Contains Fish and Soy**

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Made in Norway

Manufactured by BRC certified facility
for CATALO Natural Health USA Inc.
City of Industry, CA 91748, USA
1-800-900-8801
CATALO.COM

US 3269-112005 (2)



Product Code
3269



SCAN and Discover
More About This
Product!

Directions: As a dietary supplement, for women preparing to have baby, pregnant and lactating women, take 1 jelly bite 1 time daily

Naturally gluten free. No artificial flavors or colors. No preservatives.

Caution: Consult your healthcare practitioner if you are pregnant, lactating, taking medicine or have a medical condition. Do not use if the blister pack is torn or damaged.

STORE IN COOL, DRY PLACE.
KEEP OUT OF REACH OF
CHILDREN