

CATALO

WOMEN'S IRON

SOURCED FROM
CERTIFIED ORGANIC PLANT

GENTLE ON STOMACH*

- Easy to Digest*
- Promote Red Blood Cell Production*

60 VEGETARIAN
CAPSULES
DIETARY SUPPLEMENT

CATALO Women's Iron
is a vegetarian formula that sourced from certified organic curry leaf. It is extracted by advanced technology to ensure its purity, bioavailability and efficacy. Women may find themselves lacking in iron during menstruation, being a vegetarian, or frequent consumption of tea or coffee that resulting in tiredness and cold hands and feet. Adequate iron intake through diet and supplement is important for better circulation, skin tone and stay vitalized.*

18mg
Iron

Selected ingredient sourced from plant grown on certified organic farm with 18mg of elemental Iron per serving.

Gentle on
Stomach*

The co-factors and co-nutrients of the Curry Leaves help to stabilize the activity of the iron and minimize stomach upset.*

Vegetarian

Formulated with vegetarian ingredients that make it a perfect fit for vegans who have limited dietary iron source.



SCAN and Discover
More About This
Product!

CATALO

WOMEN'S IRON

SOURCED FROM
CURRY LEAF EXTRACT#

GENTLE ON STOMACH*

- Easy to Digest*
- Highly Absorbable*
- Soothe Cold Hands and Feet*
- Promote Red Blood Cell Production*

60 VEGETARIAN
CAPSULES
DIETARY SUPPLEMENT

Nutrition Information

Serving Size: 2 Capsules (842mg)
Servings Per Container: 30

Amount Per Serving

Organic Curry Leaf 500mg
(Standardized 18mg Natural Iron)

Energy (kcal)	3	Carbohydrates (g)	0.6
Total Fat (g)	0.0	- Sugars (g)	0.0
- Saturated Fat (g)	0	Protein (g)	0.0
- Trans Fat (g)	0	Sodium (mg)	0

Serving Directions	For adults, take 1-2 capsules daily. Take after meal
Ingredients	Organic Curry Leaf Extract Other Ingredients: Plant Capsule (Water Soluble Plant Polysaccharides), Bulking Agent (Organic Tapioca Maltodextrin), Anticaking Agent (Organic Rice Concentrate, Organic Rice Bran Extract). May contain traces of milk and wheat.
Storage	Keep in a dry and cool place. Avoid direct sunlight
Net Weight	25.3g (421mg x 60 capsules)
Best Before 此日期前最佳	Shown on Box (End MM/YYYY) (月/年底)

Contains iron sourced from organic curry leaves

Warning: Take only as directed, do not exceed suggested dosage.
KEEP OUT OF REACH OF CHILDREN

This product is made from natural sources and may have color variation.
This is a normal phenomenon and does not affect product quality.
This package updated in December 2019.

Made in USA

Manufactured by cGMP certified facility
for CATALO Natural Health USA Inc.
City of Industry, CA 91748, USA

Asia-Pacific Distributor: CATALO Natural Health Foods
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Customer Hotline: (852) 3556 8686

CATALO.COM

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Product Code
3138

Health and Beauty from within
CAre, viTAlity, LOngevity. This is what CATALO stands for. It is our philosophy that true health and beauty radiates from within and we are committed to understanding your health needs and enhancing health through superior natural health supplements that nourish your body.



It all begins with care — a healthy body is vital for a happy life — and by embracing all the goodness that nature has, we are proud to offer this wholesomeness direct to you and your family.



When it comes to our products, we make no compromises. We are committed to delivering premium quality products that contains natural, high efficacy, high potency and safe ingredients which will provide the health benefits to our customers. We care because we treat your health as if it were our own.

