

CATALO offers a wide range of products made with a focus on natural ingredients to every member of your family so that they can enjoy the care, vitality and longevity they deserve.

Care

We began with care. Treating your health as if it were our own, our premium ingredients are formulated following strict guidelines for the highest quality.

vitality

With the best of nature going into our products, we are proud to help your family stay fit, happy and full of energy.

Longevity

And whatever your health needs may be, we support the wellness of you and your family for a strong foundation to a lifetime of fulfillment.



CATALO

MEN'S MULTI
WHOLE FOODS
NUTRIENTS

STRONG MENTALLY AND PHYSICALLY*

To Battle Through Daily Challenges

SUPPORT STRESS MANAGEMENT,
IMMUNE AND MUSCLE HEALTH*

Stay Peak and Ready at All Time



WHOLE FOODS
MULTIVITAMINS & MINERALS

DIETARY SUPPLEMENT

60
VEGETARIAN
CAPSULES

Nutrition Information

Serving Size: 2 Capsules (1640mg)
Servings Per Container: 30

Amount Per Serving			
Natural Whole Foods Nutrients Blend			
		481mg	
Vitamin A	150mcg	Biotin	80mcg
Vitamin E	6mg	Pantothenic Acid	16mg
Vitamin B1	4mg	Iron	4mg
Vitamin B2	5mg	Selenium	50mcg
Vitamin B3	16mg	Copper	0.5mg
Vitamin B6	4mg	Manganese	2mg
Vitamin B12	30mcg		
Vitamin C (from Natural Acerola Cherry Extract)	50mg	Calcium (from Natural Sea Algae)	35mg
Vitamin D3 (from Natural Lichen)	5mcg	Iodine (from Kelp)	75mcg
Folic Acid (from Citrus Limon Peels)	100mcg	Magnesium (from Natural Sea Algae)	2mg
Choline (from Choline Bitartrate)	40mg	Zinc (from Natural Zinc Amino Acid Chelate)	10mg
		Lycopene	10mg
Energy (kcal)	5	Total Carbohydrate	1.1
Total Fat (g)	0	- Sugar (g)	0.0
- Saturated Fat (g)	0.0	Protein (g)	0.3
- Trans Fat (g)	0	Sodium (mg)	4

Serving Directions For adults, take 2 capsules daily after meal or take 1 capsule after breakfast and lunch.

Ingredients Natural Whole Foods Nutrients Blend, Acerola Cherry Extract, Natural Sea Algae, Choline Bitartrate, Lycopene Beadlet, Natural Zinc Amino Acid Chelate, Natural Organic Fruit and Veggie Blend (Apple, Kale, Broccoli, Spinach, Carrot, Parsley, Beet, Green Cabbage, Blueberry, Raspberry, Strawberry, Tomato), Kelp, Organic Lemon Peels, Natural Lichen
Other Ingredients: Thickener (Rice Flour), Plant Capsule (Water Soluble Plant Polysaccharides), Anticaking Agent (Rice Hulls), Bulking Agent (Rice Bran Extract). **Contains Soy**

Net Weight 49.2g (820mg x 60 capsules)

Storage Keep in a dry and cool place. Avoid direct sunlight

Best Before Shown on Box (End MM/YYYY)
此日期前最佳 (月 / 年底)

This product is made from natural sources and may have color variation. This is a normal phenomenon and does not affect product quality.
Caution: Consult your healthcare practitioner if you are taking medicine or have a medical condition.



SCAN and Discover More
About This Product!

Asia-Pacific Distributor: CATALO Natural Health Foods
5/F, Suite C-D, 15 Cheung Shun St., Hong Kong
Customer Hotline: (852) 3556 8686
CATALO.COM

Product Code
3392

CATALO Men's Multi Whole
Foods Nutrients Formula

Specially designed vegetarian formula with whole food enriched, plant based multivitamins and minerals. The nutrients' powers are optimized through a natural fermentation process to support an active lifestyle, increased energy, improved mood and less stress.*



Organic Lemon Peel Extract certified organic by Oregon Tilth Certified Organic (OTCO)



Aquamin™ is a trademark of Marigot Ltd

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



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About This Product!

Made in USA
Manufactured by cGMP certified facility for CATALO Natural Health USA Inc.
City of Industry, CA 91748
1-800-900-8801
CATALO.COM



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