

Health and Beauty from within

Care, Vitality, Longevity. This is what CATALO stands for. It is our philosophy that true health and beauty radiates from within and we are committed to understanding your health needs and enhancing health through superior natural health supplements that nourish your body.



It all begins with care – a healthy body is vital for happy life – and by embracing all the goodness that nature has, we are proud to offer this wholesomeness direct to you and your family.



When it comes to our products, we make no compromises. We are committed to delivering premium quality products that contains natural, high efficacy, high potency and safe ingredients which will provide the health benefits to our customers. We care because we treat your health as if it were our own.



CATALO Essential Vitamin B Complex

Cultured Vitamin B Complete Formula with B12

Stress Reduction*

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Enhance Energy Level*



60 Vegetarian
Capsules
DIETARY SUPPLEMENT

Family Wellness Series

takes care of your family and maintains optimal body health and overall wellness.* It provides essential nutrients including high quality DHA & Omega 3, Coral and Algae Calcium, active Probiotics, and Acerola Cherry Vitamin C – in turn supporting cardiovascular and brain health, strong bones, digestive health and immunity.*

Essential Vitamin B Complex

- Vitamin B Complex including vitamin B1, B2, B3, B5, B6, B7, B8, B9 and B12
- Especially designed for those who often pull all-nighters, suffer from work stress, smoke and/or drink regularly
- Naturally gluten free. No artificial flavors or colors. No preservatives.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Nutrition Information

Serving Size: 1 Capsule (765mg)
Servings Per Container: 60

Amount Per Serving		617mg
Yeast Nutrients Blend		
Natural Vitamin B1		7.5mg
Natural Vitamin B2		8.5mg
Natural Vitamin B3		60mg
Natural Pantothenic Acid (Vitamin B5)		20mg
Natural Vitamin B6		10mg
Natural Biotin (Vitamin B7)		50mcg
Natural Inositol (Vitamin B8)		25mg
Natural Folic Acid		200mcg
Natural Vitamin B12		10mcg
Energy (kcal)	2	Carbohydrates (g) 0.1
Total Fat (g)	0.0	- Sugar (g) 0
- Saturated Fat (g)	0.0	Protein (g) 0.3
- Trans Fat (g)	0	Sodium (mg) 1.1

Serving Directions	For Adults, take 1 capsule daily.
Ingredients	Essential Vitamin B Complex (From Yeast Nutrients Blend) Other Ingredients: Plant Capsule (Water Soluble Plant Polysaccharides), Rice Extract, Anticaking Agent (Rice Hulls), Organic Tapioca Maltodextrin, Purified Water. Contains Soy.
Net Weight	45.9g (765mg x 60 Capsules)
Storage	Keep in a dry and cool place. Avoid direct sunlight
Best Before 此日期前最佳	Shown on Box (End MM/YYYY) (月 / 年底)

This product is made from natural sources and may have color variation. This is a normal phenomenon and does not affect product quality.
This package updated in December 2018.

Made in USA

Manufactured by cGMP certified facility for CATALO Natural Health USA Inc.
City of Industry, CA 91748, USA

Asia-Pacific Distributor: CATALO Natural Health Foods
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CATALO.COM

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