

DIRECTIONS: FOR ADULTS, TAKE ONE (1) CAPSULE FOUR TO SIX TIMES DAILY WITH MEALS, OR AS DIRECTED BY YOUR DOCTOR.

As a reminder, discuss the supplements and medications you take with your health care providers.

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	%Daily Value	
Methylsulfonylmethane	500 mg	*
(170 mg Organic Sulfur)		

*Daily Value not established.

Other Ingredients: Gelatin, Vegetable Magnesium Stearate, Silica.

WARNING: If you are pregnant, nursing or taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

Questions? Call toll free 1-888-VITAHELP (848-2435)
or visit us at www.sundownnaturals.com

Sundown
Naturals

MSM

500 MG (Methylsulfonylmethane)

For Joint Health**

120 CAPSULES **DIETARY SUPPLEMENT**

Smart Facts

Methylsulfonylmethane (MSM) is an organic source of sulfur, one of the major building blocks of glycosaminoglycans. Glycosaminoglycans play an important role in the maintenance of joint cartilage.**

**These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

KEEP OUT OF REACH OF CHILDREN.
STORE IN A DRY PLACE AND AVOID
EXCESSIVE HEAT. TAMPER
RESISTANT: DO NOT USE IF SEAL
UNDER CAP IS BROKEN OR MISSING.



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