

Prod. No.
13431

Rexall[®]

BENEFITS

Super Potency

Biotin
5000 mcg

Promotes Skin, Hair & Nail Health*

DIETARY SUPPLEMENT

120 CAPSULES

Biotin is a water-soluble B Vitamin that assists protein and fat metabolism for energy use.* Water-soluble vitamins are not stored in the body, so they should be consumed every day. Biotin also helps promote the health of skin, hair and nails.*

DIRECTIONS: For adults, take one (1) capsule daily, preferably with a meal. As a reminder, discuss the supplements and medications you take with your health care providers.

WARNING: If you are pregnant, nursing or taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	%Daily Value
Biotin (as d-Biotin)	5,000 mcg (5 mg) 1,667%

Other Ingredients: Calcium Carbonate, Gelatin, Silica, Vegetable Magnesium Stearate.

TAMPER RESISTANT: Do not use if seal under cap is broken or missing. **KEEP OUT OF REACH OF CHILDREN.** Store in a dry place and avoid excessive heat.

Questions? Ask the Nutritionist: call toll free 1-877-2REXALL (877-273-9255)

**100% Quality Guaranteed
Throughout Shelf Life**

**MANUFACTURED BY
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