Suggested Usage: Take 3 softgels daily, preferably in divided doses, with food. Calcium & Magnesium Softgels include Vitamin D-3 and Zinc, offering a truly balanced blend of essential minerals. This formula supports strong bones and teeth, as well as healthy enzymatic activity.\* Delivered via softgel, this formula is more easily absorbed and assimilated than capsules or tablets.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition.

Keep out of reach of children.

Natural color variation may occur in this product.

SIZE

SOFTGEL





## Butterfly Express® QUALITY SUPPLEMENTS

## Calcium & Magnesium

Supports Bone Health\*

With Vitamin D-3 and Zinc

120 Softgels
A Dietary Supplement

## Minerals

## **Supplement Facts**

Serving Size 3 Softgels Servings Per Container 40

	Amount 9 Per Serving	% Daily Value
Vitamin D <sub>3</sub> (as Cholecalciferol) (from Lanolin)	15 mcg (600 IU)	75%
Calcium (from Calcium Carbonate and Citrate)	1 g (1,000 mg)	77%
Magnesium (from Magnesium Oxidand Citrate)	de 500 mg	119%
Zinc (from Zinc Oxide)	10 mg	91%

Other ingredients: Rice Bran Oil, Softgel Capsule (bovine gelatin, glycerin, water, calcium carbonate), Soy Lecithin and Beeswax.

Not manufactured with wheat, gluten, milk, egg, fish or shellfish ingredients. Produced in a GMP facility that processes other ingredients containing these allergens. Store in a cool, dry place after opening.

Please Recycle.

Distributed by Butterfly Express
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