

Formulated by  
**Stephen Sinatra, MD**

**Board-certified cardiologist, nutritionist, and anti-aging specialist** whose 40+ years of research and clinical experience led to the development of **Focal Point® Plus**—a fast-acting cognitive formula that supports better focus and short-term memory with benefits starting in just 1-3 hours.†

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CogniBoost® is a registered trademark of Healthy Directions.

Due to the nature of these ingredients, color variation may occur.

†Benefits start in just 1-3 hours

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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# Focal Point® Plus *Fast-Acting*

**SUPPORTS MEMORY, FOCUS, RECALL,  
ATTENTION, ACCURACY, AND  
COGNITIVE FUNCTION\***



Stimulant Free

Dietary Supplement | 21 CAPSULES

**Doctor's Suggested Use:** Take 1 capsule daily with a meal.

## Supplement Facts

Serving Size: 1 Capsule  
Servings Per Container: 21

| Amount Per Serving                                                           |         | % DV |
|------------------------------------------------------------------------------|---------|------|
| Optimized Curcumin® Extract (from <i>Curcuma longa</i> , rhizome)(Longvida®) | 400 mg  | *    |
| American Ginseng Extract (root)(CogniBoost®)                                 | 200 mg  | *    |
| Menaquinone-7 (Vitamin K2)                                                   | 180 mcg | *    |

\*Daily Value (DV) not established.

Other ingredients: Gelatin, vegetable magnesium stearate

Distributed by Healthy Directions, Bethesda, MD 20817

**UNCONDITIONALLY GUARANTEED** for purity and labeled potency. To preserve quality and freshness, store bottle with cap tightly closed in a cool, dry place.

Precautions: Consult a health care practitioner before use if you take warfarin or other blood thinning products, or are pregnant or nursing, have a serious medical condition, or use any medications. Discontinue use two weeks prior to surgery.

**Keep out of reach of children.**



SKU: AFP 02 C01021, 2023 R-1

Please see bottom of bottle for Lot No. and Expiration Date