

Wisdom Transforms Life



Vata



Pitta



Kapha

Om Namō
Narayani



Vegan



Gut-Brain
Balance



Ayurveda
inspired



Tridoshic



Veda Balance Brain

50 vegan capsules

Suggested Use: Take 2 vegan capsules daily with a meal

Supplement Facts

Serving Size: 2 Vegan Capsules
Servings Per Container: 25

Amount per Serving		% DV
Vitamin B6 (as pyridoxal-5-phosphate)	15 mg	682%
Folate (as L-methyltetrahydrofolate calcium)	680 mcg DFE (400 mcg)	170%
Vitamin B12 (as methylcobalamin)	200 mcg	0.2033%
Ashwagandha Extract (root)(KSM-66®)	600 mg	*
Grape seed extract (whole plant)(Symplex®)	320 mg	*
Shankuapush Extract (Convolvulus platanus, whole plant)	100 mg	*
Saffron Extract (stigma)(ClearSat®)	30 mg	*
β-cosqualene MTCO 5856 (LactoSpor®)	2 BIL CFU	*

*Daily Value (DV) not established.
Other ingredients: Hypromellose, rice hulls, dicalcium phosphate, maltodextrin, silica.

Distributed by Healthy Directions,
Bethesda, MD 20814
www.healthydirections.com

Precautions: Consult a health care practitioner before use if you take warfarin or other blood thinning products, or are pregnant or nursing, have a serious medical condition, or use any medications.

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ClearSat® is a trademark of Healthy Directions.

LactoSpor® is a registered trademark of Sabinsa Corporation.

Keep out of reach of children.

Veda Balance Gut

25 vegan capsules

Suggested Use: Take 1 vegan capsule daily with a meal

Supplement Facts

Serving Size: 1 Vegan Capsule
Servings Per Container: 25

Amount per Serving		% DV
Ayurvedic Gut Blend	310 mg	*
Organic Amla Powder (fruit), Organic Ginger Powder (rhizome), Organic Turmeric Powder (rhizome), Fermented Extract (seed), Cumin Extract (seed), Organic Black Pepper Extract (fruit)		
Dehydrated Licorice Extract (root)(GutGard®)	150 mg	*
DigeZyme® Digestive Enzyme Blend (protease, amylase, cellulase, lipase)	75 mg	*
β-cosqualene MTCO 5856 (LactoSpor®)	2 BIL CFU	*

*Daily Value (DV) not established.

Other ingredients: Hypromellose, rice hulls, maltodextrin, silica.

Precautions: Consult a health care practitioner before use if you take warfarin or other blood thinning products, or are pregnant or nursing, have a serious medical condition, or use any medications.

UNCONDITIONALLY GUARANTEED for purity and labeled potency. To preserve quality and freshness, store bottle with cap tightly closed in a cool, dry place.

GutGard® is a registered trademark of NutriCals, INCORPORATED, PRIVATE LTD., exclusively distributed by ADP in North America.

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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Veda Balance

Gut

Your gut mirrors your mind; balancing the inner connectedness between mind and body is an essential aspect of health.

Digestion + Regularity
Immune + Positive Mood*

Almost out? Call **1-800-843-8516**
or visit healthydirections.com

Veda Balance

Gut + Brain

Helps you balance your body, calm your mind, and lift your spirit*

Veda Balance Brain 50 vegan capsules
Veda Balance Gut 25 vegan capsules



Developed by
Dr. Kulreet Chaudhary,
Neurologist and
Ayurvedic Practitioner

Dietary supplement

Veda Balance

Brain

Your mind is one of the biggest influences on your body; healing the body must always involve healing the mind.

Cognition + Energy
Stress Relief + Positive Mood*

Almost out? Call **1-800-843-8516**
or visit healthydirections.com