

Wisdom Transforms Life



Vata



Pitta



Kapha

Om Namō
Narayani



Vegan



Gut-Brain
Balance



Ayurveda
inspired



Tridoshic



Om Namō
Narayani

Gut

Veda Balance

Your gut mirrors your mind; balancing the inner connectedness between mind and body is an essential aspect of health.

Digestion + Regularity
Immune + Positive Mood*

Almost out? Call **1-800-843-8516**
or visit healthydirections.com

Veda Balance Gut + Brain

Helps you balance your body, calm your mind, and lift your spirit*

Veda Balance Brain 50 vegan capsules
Veda Balance Gut 28 vegan capsules

Developed by
Dr. Kulreet Chaudhary,
Neurologist and
Ayurvedic Practitioner

Dietary supplement



Veda Balance

Brain

Your mind is one of the biggest influences on your body; healing the body must always involve healing the mind.

Cognition + Energy
Stress Relief + Positive Mood*

Almost out? Call **1-800-843-8516**
or visit healthydirections.com

Veda Balance Gut

28 vegan capsules

Suggested Use: Take 1 vegan capsule daily with a meal.

Supplement Facts

Serving Size: 1 Vegan Capsule
Servings Per Container: 28

Amount per Serving	% DV
Vitamin B6 (as pyridoxal-5-phosphate)	15 mg 682%
Folate (as L-methyltetrahydrofolate calcium)	580 mcg DFE 170%
Vitamin B12 (as methylcobalamin)	250 mcg 8,333%
Ashwagandha Extract (root)(KSM-66®)	600 mg *
Ratiosa monomer Extract (whole plant)(Synapse®)	300 mg *
Shankapusha Extract (Convolvulus plant)(Calculus, whole plant)	100 mg *
Saffron Extract (stigma)(ClearSalt®)	30 mg *
Bi coagulans MTCG 5856 (Lactidipore®)	2 BI. CFU *

*Daily Value (DV) not established.

Other ingredients: Hypromellose, rice hulls, maltodextrin, silica.

Precautions: Consult a health care practitioner before use if you take warfarin or other blood thinning products, or are pregnant or nursing. Have a serious medical condition, or use any medications.

UNCONDITIONALLY GUARANTEED for purity and labeled potency. To preserve quality and freshness, store bottle with cap tightly closed in a cool, dry place.

Subject to registered trademark of Ratiosa Monomers, Private Ltd., exclusively distributed by ADP in North America.

DigipZyme® and Lactidipore® are registered trademarks of Sabinsa Corporation.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Veda Balance Brain

50 vegan capsules

Suggested Use: Take 2 vegan capsules daily with a meal.

Supplement Facts

Serving Size: 2 Vegan Capsules
Servings Per Container: 25

Amount per Serving	% DV
Vitamin B6 (as pyridoxal-5-phosphate)	15 mg 682%
Folate (as L-methyltetrahydrofolate calcium)	580 mcg DFE 170%
Vitamin B12 (as methylcobalamin)	250 mcg 8,333%
Ashwagandha Extract (root)(KSM-66®)	600 mg *
Ratiosa monomer Extract (whole plant)(Synapse®)	300 mg *
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Keep out of reach of children.

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