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Om Namō Narayani

UNCONDITIONALLY GUARANTEED for purity and labeled potency. To preserve quality and freshness, store bottle with cap tightly closed in a cool, dry place.

KSM-66® is a registered trademark of Koreal Biomed, Inc.

Synapsa® is a registered trademark of Soho Floridis International Pty Ltd., exclusively licensed in the United States to PLT Health Solutions, Inc.

ClearSaff™ is a trademark of Healthy Directions.

LactoSpore® is a registered trademark of Sabinsa Corporation.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Keep out of reach of children.



Vata



Pitta



Kapha



Veda
Balance

Brain



Balancing support for
mind & body*

56 vegan capsules

Dietary supplement

Suggested Use: Take 2 vegan capsules daily with a meal.

Supplement Facts

Serving Size: 2 Vegan Capsules

Servings Per Container: 28

Amount per Serving		% DV
Vitamin B6 (as pyridoxal-5-phosphate)	15 mg	882%
Folate (as L-methyltetrahydrofolate calcium)	680 mcg DFE (400 mcg)	170%
Vitamin B12 (as methylcobalamin)	200 mcg	8,333%
Ashwagandha Extract (root)(KSM-66®)	600 mg	*
Bacopa monnieri Extract (whole plant)(Synapsa®)	320 mg	*
Shankapushpi Extract (<i>Convolvulus pluricaulis</i> , whole plant)	100 mg	*
Saffron Extract (stigma)(ClearSaff™)	30 mg	*
<i>B. coagulans</i> MTCC 5856 (LactoSpore®)	2 Bil. CFU	*

*Daily Value (DV) not established.

Other Ingredients: Hypromellose, rice hulls, dicalcium phosphate, maltodextrin, silica

Distributed by Healthy Directions, Bethesda, MD 20817
www.healthydirections.com

Precautions: Consult a health care practitioner before use if you are pregnant or nursing, have a serious medical condition, or use any medications.



Gluten Free Soy Free Dairy Free

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