

Almost Out? Call **1-800-304-1708**
or visit healthydirections.com
Choose **REFILL & SAVE** and **Never Run Out!**

Prostate Solutions® helps reduce urinary frequency—even at night—and helps promote healthy prostate size and function.*

UNCONDITIONALLY GUARANTEED for purity and labeled potency. To preserve quality and freshness, store bottle with cap tightly closed in a cool, dry place.

Standardization Levels: Saw Palmetto Extract:
85% fatty acids

Graminex G63™ is a trademark of Graminex LLC.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Dr. Sinatra 

Prostate Solutions®

Support for healthy prostate function and normal urinary flow*

Dietary Supplement

60 Softgels

Doctor's Suggested Use: Take 2 softgels once daily with a meal.

Supplement Facts

Serving Size: 2 Softgels

Servings Per Container: 30

Amount Per Serving		% DV
Calories	20	
Total Fat	1 g	2% [†]
Zinc (as zinc oxide)	15 mg	136%
Selenium (as selenomethionine)	50 mcg	91%
Flower Pollen (Graminex G63™)	400 mg	*
Saw Palmetto Extract (berry)	320 mg	*
Stinging Nettle Extract (root)	200 mg	*
Mixed Tocopherols (from soy)	25 mg	*
Grapeseed Extract	25 mg	*
Lycopene (from tomato fruit)	2 mg	*

*Percent Daily Values are based on a 2,000 calorie diet.

[†]Daily Value (DV) not established.

Other ingredients: Sunflower oil, gelatin, glycerin, sunflower lecithin, purified water, carob (color), caramel (color), gum acacia, beeswax

Distributed by Healthy Directions, Bethesda, MD 20817
www.healthydirections.com



Precautions: Consult a health care practitioner before use if you are pregnant or nursing, have a serious medical condition, or use any medications.

Keep out of reach of children.

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Expiration Date

Lot No.