

Collagen is a vital building block of our bodies including skin, hair, nails, bones and joints."

NATURAL WHOLE NUTRITION

VITAL PROTEINS[®]



★ WILD-CAUGHT ★

MARINE COLLAGEN

Dietary Supplement

CAPSULES

360 Capsules • 450 mg each

"We believe that whole-food-based nutrition containing collagen is beneficial for looking and feeling your best." Compared to our ancestors, our diets today contain less collagen, and this natural protein has been removed by modern food processing. We are committed to providing products that help supplement and enrich your diet with collagen.

Vital Proteins[®] Marine Collagen is made from the scales of fresh Non-GMO Project Verified snapper, wild-caught in the Pacific Ocean near Hawaii. Collagen is the most abundant protein in the body supporting the health and vitality of your skin, hair, and nails." It also enhances skin hydration, can improve skin elasticity, and helps to maintain firm skin." Collagen helps to maintain healthy joints and supports bone strength." One of our customer favorites, now available in capsule form for easy consumption.

CONVENIENT
CAPSULE

1 SIMPLE
INGREDIENT

WHOLE30
APPROVED

PALED
FRIENDLY

GLUTEN
FREE

NON GMO
PROJECT
VERIFIED



VITALPROTEINS.COM



These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Supplement Facts

Serving Size 6 Capsules
Servings Per Container 60

	Amount Per Serving	% Daily Value*
Calories	10	
Protein	2 g	
Sodium	9 mg	<1%
Collagen	2.7 g	**

*Percent Daily Values (DV) are based on a diet of collagen.
**Daily Value not established.

Ingredients: Snapper Scale Collagen Peptides, Pullulan (Plant Capsule)

Contains: Snapper (Fish)

This product is manufactured in a facility that processes milk, fish, and tree nuts.

Suggested Use: Take 6 capsules per day with 8 oz of water.

KEEP OUT OF REACH OF CHILDREN

If you are pregnant, nursing or have a medical condition, consult your physician before use.

Storage Information: Store in a cool, dry place.

Do not use if safety seal is broken or missing.

Sustainably harvested in accordance with the Monterey Bay Aquarium Seafood Watch Program.

Packaged by:
Vital Proteins LLC
545 Busse Road
Elk Grove Village, IL 60007

Product of Japan

TYPICAL AMINO ACID PROFILE

Amount Per Serving

Alanine	348 mg
Arginine	110 mg
Aspartic Acid	105 mg
Glutamic Acid	182 mg
Glycine	841 mg
Histidine ^{††}	18 mg
Hydroxylysine	19 mg
Hydroxyproline	200 mg
Isoleucine ^{††}	24 mg
Leucine ^{††}	49 mg
Lysine ^{††}	67 mg
Methionine ^{††}	26 mg
Phenylalanine ^{††}	35 mg
Proline	257 mg
Serine	77 mg
Threonine ^{††}	61 mg
Tyrosine	2 mg
Valine ^{††}	55 mg

^{††}Essential Amino Acids

WHOLE30
approved

