










THREE, TWO, ZEN™

Deep breaths start here! These vegan capsules contain magnesium, GABA, L-theanine & ashwagandha extract - functional ingredients to keep you feeling cool, calm & collected throughout the day.**

 300mg Ashwagandha Extract	 200mg L-Theanine	 100mg GABA
 100mg Magnesium	 Sense of Calm**	 Stress Relief**
 Vegan Friendly	 Gluten & Dairy Free	 Convenient Capsule

per serving

 vitalproteins.com

#stayvital®

**These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

VITAL PROTEINS®

FEELING™ ZEN™



Promotes calmness and relaxation**



600mg Ashwagandha Extract



Relief from occasional stress**

Dietary Supplement • 60 Capsules

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 30

	Amount Per Serving	% Daily Value
Magnesium (as magnesium citrate)	100 mg	24%
KSM-66® Organic ashwagandha root extract	600 mg	**
L-Theanine	200 mg	**
GABA (gamma-aminobutyric acid)	100 mg	**

**Daily Value not established

Other Ingredients: Hypromellose (capsule)

Manufactured by:
Vital Proteins LLC
3400 Wolf Road Ste. 200
Franklin Park, IL 60131

This product is manufactured in a facility that processes milk, fish, tree nuts, wheatgrass, and peanuts.

Suggested Use: Take 2 capsules per day.

KEEP OUT OF REACH OF CHILDREN

If you are pregnant, nursing or have a medical condition, consult your physician before use.

Storage Information: Store in a cool, dry place
Do not use if safety seal is broken or missing.

KSM-66® is a registered trademark of Ixoreal Biomed Inc.

WHOLE30
approved

Dairy
Free

Gluten
Free



Container filled by count, not volume.

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