

NATURE'S ENERGY BOOST™

Liver is nature's nutrient-rich superfood. Our Beef Liver Capsules help boost your energy naturally thanks to Vitamin B12 and improve skin health with Vitamin A and hyaluronic acid.**

1 Simple Ingredient	 Hyaluronic Acid	 Paleo Friendly
 Natural Energy Boost™	 Healthy Skin™	70% Daily Value Vitamin A
2x Daily Value Vitamin B12	 Healthy Joints & Bones™	 Convenient Capsule



vitalproteins.com

#stayvital

Natural Whole Nutrition

VITAL PROTEINS® BEEF LIVER



Vitamin B12
for Energy**



Vitamin A for
Skin Health**



Grass Fed +
Pasture Raised

Capsules

Dietary Supplement

120 Capsules • 750mg each

Supplement Facts

Serving Size 4 Capsules
Servings Per Container 30

	Amount Per Serving	% Daily Value
Calories	10	
Cholesterol	25 mg	8%
Protein	2 g	
Vitamin A	3,500 IU	70%
Vitamin C	1 mg	2%
Riboflavin	0.25 mg	15%
Niacin	1.6 mg	8%
Vitamin B6	0.04 mg	2%
Folate	55 mcg	14%
Vitamin B12	13.6 mcg	227%
Biotin	6.9 mcg	2%
Pantothenic Acid	0.2 mg	2%
Iron	0.6 mg	3%
Phosphorus	34 mg	3%
Zinc	0.4 mg	3%
Selenium	3 mcg	4%
Copper	0.4 mg	20%
Sodium	5 mg	<1%
Potassium	30 mg	1%
Choline	41 mg	8%

Hyaluronic acid 28 mg

*Daily Value not established.

Ingredients: Beef liver, gelatin capsule

Manufactured by:
Vital Proteins LLC, 3400 Wolf Road
Franklin Park, IL 60131

This product is manufactured in a facility that processes milk, fish, and tree nuts.

Suggested Use:
4 Capsules per Day

TYPICAL AMINO ACID PROFILE

(Average milligrams per serving naturally occurring)

Alanine	120 mg
Arginine	130 mg
Aspartic Acid	190 mg
Cystine	30 mg
Glutamic Acid	260 mg
Glycine	120 mg
Histidine**	60 mg
Isoleucine**	90 mg
Leucine**	190 mg
Lysine**	120 mg
Methionine**	50 mg
Phenylalanine**	110 mg
Proline	90 mg
Serine	90 mg
Threonine**	100 mg
Tryptophan**	40 mg
Tyrosine	80 mg
Valine**	120 mg

**Essential Amino Acids

KEEP OUT OF REACH OF CHILDREN

If you are pregnant, nursing or have a medical condition, consult your physician before use.

Storage Information: Store in a cool, dry place

Do not use if safety seal is broken or missing.

WHOLE30
approved



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