

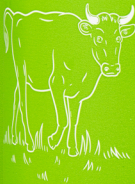
BE WELL. STAY VITAL.

Beef Gelatin is a versatile ingredient that is best used in hot liquids and recipes. This form of collagen promotes bone & joint health, and supports skin, hair and nails.** Add it to coffee and tea, or use it to thicken soups and stews. Take our Beef Gelatin to start or end your day.

20G Collagen	1 Simple Ingredient	 Paleo Friendly
 Mix in Hot Liquids	 Neutral Flavor	 Gluten Free
 Dairy Free	 Healthy Joints & Bones**	 Skin, Hair & Nail Support**

 vitalproteins.com #stayvital

**These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Notice: Use this product as a food supplement only. Do not use for weight reduction.

VITAL PROTEINS®

BEEF GELATIN

20G Collagen per Serving

 Skin, Hair, Nail + Joint Support*

 Grass Fed + Pasture Raised

Unflavored

Dietary Supplement

NET WT 16.4 OZ (1.03 lb) 465 g

Supplement Facts

Serving Size 2 Scoops (20 g)
Servings Per Container About 23

	Amount Per Serving	% Daily Value
Calories	70	
Protein	17 g	0%**
Sodium	30 mg	1%
Collagen	20 g	**

*Percent Daily Values (DV) are based on a 2,000 calorie diet.
**Daily Value not established.

Ingredients: Bovine hide gelatin

Manufactured by:

Vital Proteins LLC
3400 Wolf Road Ste. 200
Franklin Park, IL 60131

This product is manufactured in a facility that processes milk, fish, and tree nuts.

Directions: Slowly combine 1-2 scoops with 4 fl oz of cold liquid, mix thoroughly, let stand for 1 minute, then add 6 fl oz of hot liquid and mix thoroughly.

If you are pregnant, nursing or have a medical condition, consult your physician before use.

Storage Information: Store in a cool, dry place

Do not use if safety seal is broken or missing.

TYPICAL AMINO ACID PROFILE

(Average milligrams per serving naturally occurring)

Alanine	1,381 mg
Arginine	1,433 mg
Aspartic Acid	1,126 mg
Glutamic Acid	2,114 mg
Glycine	3,512 mg
Histidine ^{††}	136 mg
Hydroxylysine	205 mg
Hydroxyproline	1,944 mg
Isoleucine ^{††}	255 mg
Leucine ^{††}	495 mg
Lysine ^{††}	580 mg
Methionine ^{††}	102 mg
Phenylalanine ^{††}	358 mg
Proline	1,961 mg
Serine	580 mg
Threonine ^{††}	324 mg
Tryptophan ^{††}	0 mg
Tyrosine	85 mg
Valine ^{††}	409 mg

^{††}Essential Amino Acids

Contains 8 of 9 Essential Amino Acids

 **WHOLE30** approved

 Dairy Free

 Gluten Free

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HOPE
BPA-free

