

Collagen is a vital building block of our bodies including skin, hair, nails, bones and joints."

We believe that whole-food-based nutrition containing collagen is beneficial for looking and feeling your best." Compared to our ancestors, our diets today contain less collagen, and this natural protein has been removed by modern food processing. We are committed to providing products that help supplement and enrich your diet with collagen.

Vital Proteins' Collagen Peptides are sourced from grass-fed, pasture-raised bovine hides to ensure a high quality source of this ancient nutrient. Collagen is the most abundant protein in the body supporting the health and vitality of your skin, hair, and nails." It also enhances skin hydration, can improve skin elasticity, and helps to maintain firm skin." Collagen helps to maintain healthy joints and supports bone strength." One of our customer favorites, now available in capsule form for easy consumption.

CONVENIENT
CAPSULE

1 SIMPLE
INGREDIENT

WHOLE30
APPROVED

PALED
FRIENDLY

GLUTEN
FREE

DAIRY
FREE



VITALPROTEINS.COM



These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

NATURAL WHOLE NUTRITION

VITAL PROTEINS



★ GRASS FED ★
★ PASTURE RAISED ★

COLLAGEN PEPTIDES

Dietary Supplement

CAPSULES

360 Capsules ★ 600 mg each

Supplement Facts

Serving Size 6 Capsules
Servings Per Container 60

	Amount Per Serving	% Daily Value*
Calories	10	
Protein	3 g	
Sodium	20 mg	1%
Collagen	3.6 g	**

*Percent Daily Values (DV) are based on a 2,000 calorie diet.
**Daily Value not established.

Ingredients: Bovine Hide Collagen Peptides, Gelatin Capsule

This product is manufactured in a facility that processes milk, fish, and tree nuts.

Suggested Use: Take 6 capsules per day with 8 oz of water

KEEP OUT OF REACH OF CHILDREN

If you are pregnant, nursing or have a medical condition, consult your physician before use.

Storage Information: Store in a cool, dry place.

Do not use if safety seal is broken or missing.

Packaged by:
Vital Proteins LLC
545 Busse Road
Elk Grove Village, IL 60007

Product of South America

TYPICAL AMINO ACID PROFILE

Amount Per Serving

Alanine	263 mg
Arginine	273 mg
Aspartic Acid	215 mg
Glutamic Acid	403 mg
Glycine	669 mg
Histidine ^{††}	26 mg
Hydroxylysine	39 mg
Hydroxyproline	370 mg
Isoleucine ^{††}	49 mg
Leucine ^{††}	94 mg
Lysine ^{††}	111 mg
Methionine ^{††}	19 mg
Phenylalanine ^{††}	68 mg
Proline	374 mg
Serine	111 mg
Threonine ^{††}	62 mg
Tyrosine	16 mg
Valine ^{††}	78 mg

^{††}Essential Amino Acids

WHOLE30
approved

