Formulated by Dr. Tori Hudson, a Naturopathic Physician specializing in women's natural healthcare.

Uplift™ promotes emotional well-being by providing a balanced formula of select botanicals and nutrients. \*

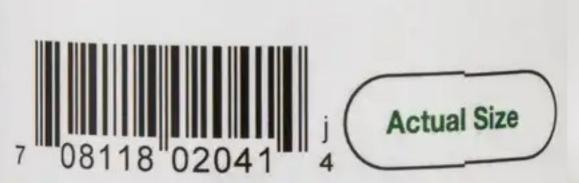
Suggested Use: One (1) capsule, up to three times per day. Also suitable for men.

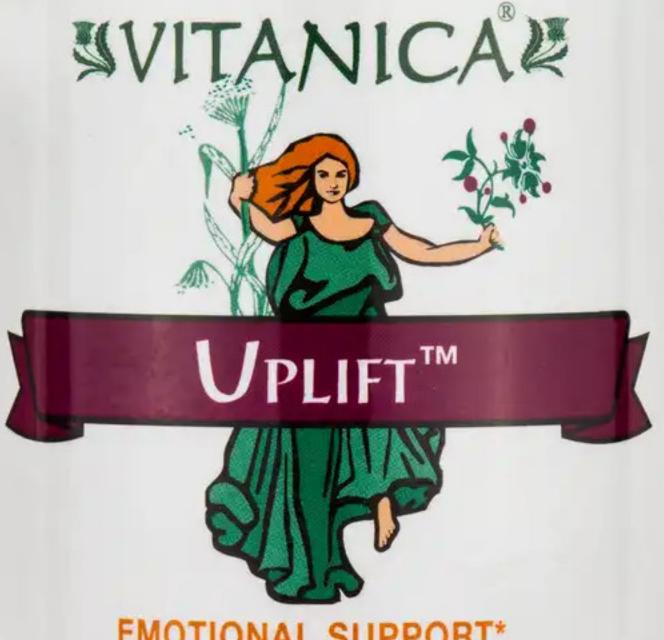
Avoid if pregnant or nursing or bi-polar. Consult your physician if using prescription medications.

This product contains no: preservatives, binders, artificial colorings or flavorings, lactose, salt, wheat, gluten, soybeans, milk derivatives, eggs, peanuts, tree nuts, fish or shellfish.

Tamper resistant: please do not use if safety seal is broken or missing.

Keep in a cool, dry place out of reach of children.





## **EMOTIONAL SUPPORT\***

FORMULATED BY DR. TORI HUDSON

Dietary Supplement 120 Vegetarian Capsules

## Supplement Facts

Serving Size 1 Capsule, 120 Servings per Container

| Amount per Serving                                     |     |     | % Daily<br>Value |
|--|-----|-----|------------------|
| Vitamin B6<br>(as pyridoxal-5-phosphate)               | 25  | mg  | 1250             |
| Folate (as L-5 Methylfolate)                           |     | mcg | 75               |
| Vitamin B12 (as methylcobalamin)                       | 350 | mcg | 5830             |
| St. John's wort flower extract  ~ Hypericum perforatum | 200 | mg  | †                |
| Rhodiola rosea root extract                            | 50  | mg  | t                |
| Ginkgo biloba leaf extract ~ Ginkgo biloba             | 30  | mg  | t                |
| Lemon balm leaf extract ~ Melissa officinalis          | 25  | mg  | t                |
| † Daily Value not established                          |     |     |                  |

Other ingredients: Vegetarian capsule (cellulose, water), I-leucine.

## Uplift™ is suitable for vegetarians and vegans.

\* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.