

 Formulated by Dr. Tori Hudson, a Naturopathic Physician specializing in women's natural health.

Skin Assist™ promotes healthy skin by supporting normal moisture content and promoting collagen production, also by promoting balanced hormonal effects on the glands and physiological functions of the skin.*

Suggested Use: Three (3) capsules once or twice per day. Also suitable for men.

Avoid use of this product if pregnant or nursing.

This product contains no: preservatives, binders, artificial colorings or flavorings, sugars, lactose, salt, wheat, gluten, milk derivatives, eggs, peanuts, tree nuts, fish or shellfish.

Tamper resistant: please do not use if safety seal is broken or missing.

Keep in a cool, dry place out of reach of children.



Actual Size

 **VITANICA®** 



SKIN ASSIST™

SKIN SUPPORT*

FORMULATED BY DR. TORI HUDSON
Dietary Supplement
90 Vegetarian Capsules

Supplement Facts

Serving Size 3 Capsules, 30 Servings per Container

Amount per Serving		% Daily Value
Vitamin A (as retinyl palmitate)	1,500 IU	30
Vitamin C (as calcium ascorbate, buffered)	125 mg	208
Calcium (as citrate, malate)	150 mg	15
Vitamin D2 (as ergocalciferol)	50 IU	13
Vitamin E (as d-alpha tocopheryl succinate)	50 IU	167
Vitamin B6 (as pyridoxine HCL)	25 mg	1250
Biotin	200 mcg	67
Pantothenic acid (as Vit. B5, d-cal pantothenate)	250 mg	2500
Magnesium (as citrate, malate)	75 mg	19
Zinc (as picolinate)	15 mg	100
Selenium (as selenomethionine)	15 mcg	21
Copper (as aspartate)	1 mg	50
Silica (as AAC)	500 mcg	†
Lycopene	2500 mcg	†
Lutein	2500 mcg	†
Hyaluronic Acid	50 mg	†
Horsetail aerial parts ~ Equisetum arvense	125 mg	†
Gotu kola aerial parts ~ Centella asiatica	100 mg	†
Oat Straw aerial parts ~ Avena sativa	100 mg	†
Rosemary leaf ~ Rosmarinus officinalis	100 mg	†
Burdock root ~ Arctium lappa	75 mg	†
Saw palmetto berries ~ Serenoa repens	75 mg	†
Nettle root extract (4:1) ~ Urtica dioica	50 mg	†

† Daily Value not established

Other ingredients: Vegetarian capsule (cellulose), microcrystalline cellulose, l-leucine.
Skin Assist™ is suitable for vegetarians and vegans.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.