

Skin Assist™ promotes healthy skin by supporting normal moisture content and promoting collagen production, also by promoting balanced hormonal effects on the glands and physiological functions of the skin.*

Suggested Use: Three (3) capsules, up to twice daily.

Avoid use of this product if pregnant or nursing.

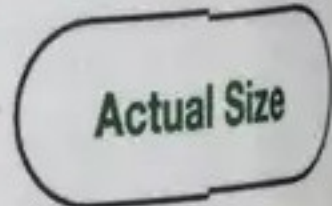
This product contains no: preservatives, binders, artificial colorings or flavorings, sugars, lactose, salt, wheat, gluten, milk derivatives, eggs, peanuts, tree nuts, fish or shellfish.

Tamper resistant: please do not use if safety seal is broken or missing.

Keep in a cool, dry place out of reach of children.



h
9



SKIN
SUPPORT*

SKIN ASSIST™

Dietary Supplement
VITANICA®

180 Vegetarian Capsules

VITANICA® 12401 SW Leveton Dr • Tualatin, OR 97062

Supplement Facts

Serving Size 3 Capsules, 60 Servings per Container

Amount per Serving	% Daily Value
Vitamin A (as retinyl palmitate)	1,500 IU 30
Vitamin C (as calcium ascorbate, buffered)	125 mg 208
Calcium (as citrate, malate)	150 mg 15
Vitamin D2 (as ergocalciferol)	50 IU 13
Vitamin E (as d-alpha tocopheryl succinate)	50 IU 167
Vitamin B6 (as pyridoxine HCL)	25 mg 1250
Biotin	200 mcg 67
Pantothenic acid (as Vit. B5, d-cal pantothenate)	250 mg 2500
Magnesium (as citrate, malate)	75 mg 19
Zinc (as picolinate)	15 mg 100
Selenium (as selenomethionine)	15 mcg 21
Copper (as aspartate)	1 mg 50
Silica (as AAC)	500 mcg †
Lycopene	2500 mcg †
Lutein	2500 mcg †
Hyaluronic Acid	50 mg †
Horsetail (Equisetum arvense) aerial parts	125 mg †
Gotu kola (Centella asiatica) aerial parts	100 mg †
Oatstraw (Avena sativa) aerial parts	100 mg †
Rosemary (Rosmarinus officinalis) leaf	100 mg †
Burdock (Arctium lappa) root	75 mg †
Saw palmetto (Serenoa repens) berries	75 mg †
Nettle (Urtica dioica) root extract (4:1)	50 mg †

† Daily Value not established
Other ingredients: Vegetarian capsule (cellulose), microcrystalline cellulose, L-leucine.

Skin Assist™ is suitable for vegetarians and vegans.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.