

Formulated by Tori Hudson, Naturopathic Physician

PHYTOESTROGEN HERBAL™ offers foundational menopause support. This unique formula supports the many health benefits of a regular, high intake of phytoestrogens.*

SUGGESTED USE: One level scoop mixed and stirred well into water or juice once or twice daily. Followed with a glass of water. Do not take in dry form. May also be used in blended drinks or baked goods. Refrigerate after opening.

AVOID use during pregnancy and while nursing.

FORMULATED TO EXCLUDE: preservatives, binders, artificial colorings or flavorings, sugars, lactose, salt, wheat, gluten, milk derivatives, eggs, peanuts, tree nuts, fish or shellfish. Contains Soy.

TAMPER RESISTANT PLEASE DO NOT USE IF
SAFETY SEAL IS BROKEN OR MISSING.



FORMULATED BY DR. TORI HUDSON

PHYTOESTROGEN HERBAL™

PHYTOESTROGEN-RICH POWDER
MENOPAUSE SUPPORT*

VEGAN GF NON-GMO	Foundational Menopause Support with Flax, Soy & Botanicals*
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DIETARY SUPPLEMENT • 8 OZ / 227 GRAMS

Supplement Facts

Serving Size 1 Scoop (approx. 9.1g)

Servings Per Container (approx. 25)

Amount per Scoop		% Daily Value
Calories	40	
Calories from Fat	10	
Total Fat	1 g	1%**
Potassium	120 mg	3%
Total Carbohydrates	3 g	1%**
Fiber	3 g	12%
Soluble Fiber	1 g	
Insoluble Fiber	2 g	
Protein	3 g	6%**
Calcium	33 mg	3%
Iron	1.4 mg	8%
Phosphorous	80 mg	8%
Magnesium	50 mg	12%
Zinc	.8 mg	7%
Copper	.2 mg	10%
Flax (Linum usitatissimum) seeds (188 mg lignans/serving)	7.5 g	†
Soy germ (Glycine max) bean (Non-GMO-protein, isoflavones 3%, 42 mg isoflavones/serving)	1.4 g	†
Black cohosh (Cimicifuga racemosa) root	40 mg	†
Alfalfa (Medicago sativa) leaf	30 mg	†
Red Clover (Trifolium pratense) leaf & blossom	30 mg	†

† Daily Value not established ** Percent Daily Values based on a 2000 calorie diet

Keep in a cool, dry place out of the reach of children.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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