Osteo Bi-Flex® works by providing the nourishment your body needs to help build cartilage, lubricate and strengthen your joints.* By taking Osteo Bi-Flex® regularly, you can help yourself move more freely and with greater flexibility.*

CAUTION: If you are pregnant, nursing or taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18.

KEEP OUT OF REACH OF CHILDREN. STORE IN A DRY PLACE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

*Based on the results of the National Disease and Therapeutic Index syndicated report among physicians who recommend a branded Glucosamine/Chondroitin or Glucosamine supplement, December 2005.

Osteo Bi-Flex® is manufactured under the highest standard for product quality, including purity and potency.

Visit us at: WWW.OSTEOBIFLEX.COM or call toll free 1-888-VITAHELP (848-2435).

MANUFACTURED BY: REXALL SUNDOWN, INC. BOCA RATON, FL 33487 USA

*These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.



DIRECTIONS FOR ADULT USE: TAKE FOUR (4) CAPLETS PER DAY WITH FOOD. As a reminder, discuss the supplements and medications you take with your health care providers.

NOTE: You have the option of taking four caplets together or spread throughout the day.

Amount Per Serving	% Dail	ly Valu
Vitamin C (as Ascorbic Acid)	60 mg	100
Manganese (as Manganese Sulfate)	2 mg	100
Sodium	25 mg	1
Glucosamine HCI	1,500 mg (1.5 g)	
MSM/Chondroitin Complex (Methylsulfonylmethane (MSM), Cho Collagen (Hydrolyzed Gelatin), <i>Bos</i> u Vitamin C, Manganese, Hyaluronic A	vellia serrata (root),	
Boron (as Sodium Tetraborate)	3 mg	

Other Ingredients: Cellulose (Plant Origin), Crospovidone, Cellulose Coating, Polydextrose, Vegetable Magnesium Stearate, Titanium Dioxide Color, Silica, Magnesium Silicate, Coconut Oil, PEG.

This product contains shellfish (shrimp, crab, lobster, crayfish) ingredients.

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