

 Formulated by Dr. Tori Hudson, a Naturopathic Physician specializing in women's natural health care.

Magnesium Tonic™ provides an essential mineral in support of several body and mind system functions, including cardiovascular health, relaxed muscles throughout the body, sleep quality, brain and mood health, endocrine health, and more. The chelated form (bisglycinate) offers exceptional bioavailability without the laxative effect.*

Suggested Use: Shake well before each use (mineral settling is normal). Adults: 1/2 to 1 tablespoon daily or as directed by your healthcare practitioner. Also suitable for men.

Moderate caution with some medications; consult with your practitioner before use.

Refrigerate after opening.

May be diluted in water or room temperature beverage of choice if desired.

This product contains no: binders, artificial colorings or flavorings, sugars, lactose, salt, wheat, gluten, soybeans, milk derivatives, eggs, peanuts, tree nuts, fish or shellfish.

Tamper resistant: please do not use if safety seal is broken or missing.

Keep in a cool, dry place out of reach of children.



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VITANICA®

Tasty Tonics®



MAGNESIUM TONIC™

MAGNESIUM BISGLYCINATE 300 mg
FORMULATED BY DR. TORI HUDSON
Dietary Supplement
16 Fluid Ounces, 473 ml

VITANICA® 12401 SW Leveon Dr., Tualatin, OR 97062 • www.vitanica.com

Supplement Facts

Serving Size 15 ml/One Tablespoon, 31 Servings per Container

Amount per Serving		% Daily Value
Vitamin B6 (as pyridoxal-5-phosphate)	10 mg	588%
Magnesium (as bisglycinate chelate)	300 mg	71%
Stevia leaf extract ~ Stevia rebaudiana	4.5 mg	†

† Daily Value not established

Other ingredients: Deionized water, orange natural flavor, citric acid, potassium sorbate, sodium benzoate.

Magnesium Tonic™ is suitable for vegetarians and vegans.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.