

Formulated by Dr. Tori Hudson, a Naturopathic Physician specializing in women's natural health.

LactationBlend™ provides the benefit of centuries of experience with lactation supporting herbs and modern clinical research to naturally promote healthy lactation while nursing.*

Suggested Use: One (1) to two (2) capsules up to twice daily, or as directed by your health care practitioner.

Avoid use of this product during pregnancy. Caution if taking prescription hypoglycemic medications.

This product contains no: preservatives, binders, artificial colorings or flavorings, sugars, lactose, salt, wheat, gluten, soybeans, milk derivatives, eggs, peanuts, tree nuts, fish or shellfish.

Tamper resistant: please do not use if safety seal is broken or missing.

Keep in a cool, dry place out of reach of children.



Actual Size

VITANICA®



LACTATIONBLEND™

NURSING SUPPORT*

FORMULATED BY DR. TORI HUDSON
Dietary Supplement
60 Vegetarian Capsules



VITANICA® 12401 SW Leveton Dr., Tualatin, OR 97062 • www.vitanica.com

Supplement Facts

Serving Size 1 Capsule, 60 Servings per Container

Amount per Serving	% Daily Value
Fennel seed ~ <i>Foeniculum vulgare</i>	100mg †
Nettle leaf ~ <i>Urtica dioica</i>	70mg †
Blessed thistle aerial parts ~ <i>Cnicus benedictus</i>	70mg †
Vervain aerial parts ~ <i>Verbena</i> spp.	70mg †
Fenugreek seed extract (5:1) ~ <i>Trigonella foenum-graecum</i>	50mg †
Hops flower ~ <i>Humulus lupulus</i>	45mg †
Oatstraw aerial parts ~ <i>Avena sativa</i>	45mg †
Red raspberry leaf ~ <i>Rubus idaeus</i>	40mg †
Borage seed oil ~ <i>Borago officinalis</i>	35mg †
Chaste tree berry ~ <i>Vitex agnus-castus</i>	75mg †
Milk thistle seed extract ~ <i>Silybum marianum</i>	20mg †

† Daily Value not established

Other ingredients: Vegetarian capsule (hydroxypropyl methylcellulose, water).

LactationBlend™ is suitable for vegetarians and vegans.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.