

Formulated by Dr. Tori Hudson, a Naturopathic Physician specializing in women's natural health.

Adrenal Tonic™ is a daily herbal chai spice Tasty Tonic® promoting adaptation to stress and maintaining health in times of stress.*

Suggested Use: Shake well before using. Adults: One (1) teaspoon (approx. 5 droppers) daily; can be taken up to twice daily for 2 weeks during times of extra stress. Dilute in 2-3 ounces of water, or to taste. May also be taken undiluted, or diluted in hot water for a nice herbal tea. Also suitable for men.

Herbal residue inside bottle is normal.

Avoid with bipolar disease or if pregnant. Caution if on thyroid medications. Consult your practitioner if nursing.

This product contains no: preservatives, binders, artificial colorings or flavorings, sugars, lactose, salt, wheat, gluten, soybeans, milk derivatives, eggs, peanuts, tree nuts, fish or shellfish.

Tamper resistant: please do not use if outer safety seal is broken or missing.

Keep in a cool, dry place out of reach of children.



VITANICA®

Tasty Tonics®



ADRENAL TONIC™

CHAI SPICE
ADRENAL SUPPORT*
FORMULATED BY DR. TORI HUDSON

Dietary Supplement
4 Ounces, 118 ml

Supplement Facts

Serving Size 4.92 ml/One Teaspoon, 24 Servings per Container

Amount per Serving	% Daily Value
Maca root	
~ Lepidium peruvianum	500 mg †
Ashwagandha root	
~ Withania somnifera	200 mg †
Rhodiola rosea root	100 mg †
Stevia leaf extract	
~ Stevia rebaudiana	3.4 mg †

† Daily Value not established

Other ingredients: Deionized water, vegetable glycerin, vanilla natural flavor, essential oils of cinnamon, cardamom, fennel.

Adrenal Tonic™ is suitable for vegetarians and vegans.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.