



# FULL STRENGTH MINIs

## SUPER OMEGA-3



ACTUAL SIZE

**JUST 1 SMALL SOFTGEL PER DAY**

**RECOMMENDED AMOUNT<sup>†</sup>**  
of Critical Omega-3s

Supports **HEART HEALTH<sup>†</sup>**

Highly Concentrated **FISH OIL**

**60 SOFTGELS** | DIETARY SUPPLEMENT

No Color Added • No Artificial Flavors • No Preservatives • No Yeast or Starch • Gluten Free

**SUGGESTED USE:** Take 1 softgel daily, with a meal for optimal absorption. Keep bottle tightly closed. Store in a cool, dry place, out of reach of children.

**Do not use if imprinted seal under cap is broken or missing.**

**CAUTION:** If you are pregnant or nursing, taking medication, facing surgery, have bleeding problems, or undergoing any other treatment which may affect the ability of blood to clot, consult your physician before taking this product.

### Supplement Facts

| Amount Per Softgel                                       | % Daily Value |
|--|---------------|
| Serving Size 1 softgel                                   |               |
| Calories 10  |               |
| Calories from Fat 10                                     |               |
| Total Fat 0.5 g  | 1%**          |
| Polyunsaturated Fat 0.5 g                                |               |
| Cholesterol 10 mg  | 3%**          |
| Fish Oil Concentrate 788 mg                              | *             |
| Total Omega-3 Fatty Acids <sup>††</sup> 540 mg           | *             |
| Omega-3 EPA (Eicosapentaenoic Acid) <sup>††</sup> 365 mg |               |
| Omega-3 DHA (Docosahexaenoic Acid) <sup>††</sup> 135 mg  |               |
| Omega-3 Other <sup>††</sup> 40 mg                        |               |

\*Daily Value not established.

\*\*Percent Daily Values are based on a 2,000 calorie diet.

**OTHER INGREDIENTS:** Gelatin, Glycerin, Water, Tocopherol. May Also Contain: Methacrylic Acid Copolymer, Triethyl Citrate, Polysorbate 80, Propylene Glycol, Ethylcellulose, Ammonium Hydroxide, Medium Chain Triglycerides, Oleic Acid, Sodium Alginate, Stearic Acid, Talc.

Contains: Fish (Anchovy, Sardine, Mackerel) and Soy.

Distributed by: **Nature Made Nutritional Products**  
Mission Hills, CA 91346-9606, U.S.A.

1-800-276-2878 • [www.NatureMade.com](http://www.NatureMade.com)

Fish Oil Country of Origin is Spain.

Encapsulated and Quality Tested in U.S.A.

Fish Oil softgels are made to Nature Made's guaranteed purity and potency standards.  
<sup>††</sup>As ethyl esters

<sup>†</sup>"Recommended amount" equates to the approximate amount of Omega-3 fatty acids EPA and DHA (3500mg EPA and DHA) found in two servings of fatty fish per week, as recommended by leading heart health experts.

<sup>††</sup>"Same Strength" of total critical omega-3s EPA/DHA.

□ One Full Strength Mini Super Omega-3 softgel is 60% smaller than the total volume of two Nature Made 1000 mg Fish Oil softgels.

○Valid only for U.S. and Puerto Rico residents.

**†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

## SUPER OMEGA-3



Leading heart health experts recommend eating at least 2 servings of fatty fish each week to support heart health.

**2** SERVINGS

Omega-3 equivalent of 2 servings of fish each week

Get the **RECOMMENDED AMOUNT** of Omega-3s for your heart in just one Full Strength MINI, when taken daily for a week.<sup>†</sup>

**1** MINI daily

**MAY REDUCE THE RISK OF CORONARY HEART DISEASE.** Supportive but not conclusive research shows that consumption of EPA and DHA omega-3 fatty acids may reduce the risk of coronary heart disease. (See nutrition information for total fat and cholesterol content.)

## FULL STRENGTH MINIs

Nature Made® Full Strength MINIs are a line of full-strength vitamins and supplements in Small, Powerful, One-Per-Day softgels. Nature Made is committed to providing the nutrients your body needs in the smallest size possible without compromising formula or benefits.

### Compare to Standard Fish Oil

Full Strength MINIs  
Super Omega-3

Standard Fish Oil  
1000 mg



VS.



- ✓ Highly Concentrated - Same Strength of Critical Omega-3s<sup>†</sup>
- ✓ 60% Smaller<sup>□</sup>
- ✓ No Fishy Odor or Aftertaste

Try our other Full Strength MINI vitamins:

Super B Energy Complex, Super D Immune Complex, Multi Complete, Multi for Her, Multi for Him and Multi for Her 50+