

List No. 1790
L303
Cat. A456
5A007

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DIETARY SUPPLEMENT
90 TABLETS

NO IRON

**22 Key
Nutrients
to Support
50+ Men's Health**



MULTI
For Him 50+

**MADE
WITH D3**

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ZU8M-5WNNM

Supplement Facts

Serving Size 1 tablet

Amount Per Tablet	% DV	Amount Per Tablet	% DV
Vitamin A 2,500 I.U.	50%	Biotin 30 mcg	10%
60% as Beta Carotene		Pantothenic Acid 10 mg	100%
Vitamin C 180 mg	300%	Calcium 162 mg	16%
Vitamin D3 1000 I.U.	250%	Iodine 150 mcg	100%
Vitamin E 60 I.U.	200%	Magnesium 100 mg	25%
Vitamin K 80 mcg	100%	Zinc 15 mg	100%
Thiamin 1.5 mg	100%	Selenium 105 mcg	150%
Riboflavin 1.7 mg	100%	Copper 2 mg	100%
Niacin 20 mg	100%	Manganese 4 mg	200%
Vitamin B6 6 mg	300%	Chromium 120 mcg	100%
Folic Acid 400 mcg	100%	Molybdenum 75 mcg	100%
Vitamin B12 25 mcg	417%	Daily Value (DV)	

Distributed by:
Nature Made Nutritional Products
Mission Hills, CA 91346-9606, U.S.A.
1-800-276-2878 • www.NatureMade.com

No Artificial Colors • No Artificial Flavors
No Preservatives • No Yeast or Gluten

SUGGESTED USE: For best results, take one tablet daily with a meal. Keep bottle tightly closed. Store in a cool, dry place, out of reach of children.

Do not use if imprinted seal under cap is broken or missing.

INGREDIENTS: Calcium Carbonate, Ascorbic Acid, Cellulose Gel, Magnesium Oxide, Corn Starch, dl-Alpha Tocopheryl Acetate, Niacinamide, Zinc Oxide, Maltodextrin, Croscarmellose Sodium, Hydroxypropyl Methylcellulose, Dibasic Calcium Phosphate, Manganese Sulfate, d-Calcium Pantothenate, Magnesium Stearate, Silicon Dioxide, Pyridoxine Hydrochloride, Cupric Sulfate, Thiamin Mononitrate, Riboflavin, Beta Carotene, Polyethylene Glycol, Chromium Chloride, Vitamin A Acetate, Folic Acid, Sodium Selenate, Potassium Iodide, Sodium Molybdate, Phylloquinone, Vitamin D3 (Cholecalciferol), Biotin, Cyanocobalamin.

Oil- and Water-soluble Vitamins with Minerals
Tablets USP

USP has tested and verified ingredients, potency and manufacturing process. USP sets official standards for dietary supplements.
www.uspverified.org

Valid only for U.S. and Puerto Rico residents.

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Lot.:
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