

**VALUE SIZE**

List No. 2612  
L33  
Cat. A194  
5A004

**Nature Made**

**Iron**

65 mg

Equivalent to  
325 mg Ferrous Sulfate



Vital for  
Red Blood  
Cell  
Formation†

DIETARY SUPPLEMENT  
**180 TABLETS**

Enter Code for Wellness  
Rewards Points at  
[www.NatureMade.com](http://www.NatureMade.com)

6PNP-S1A1

Iron is an essential part of hemoglobin, the protein substance which enables red blood cells to carry oxygen through the body.†

No Artificial Flavors • No Preservatives • No Yeast, Starch or Gluten

**SUGGESTED USE:** Adults, for iron deficiency, take one tablet daily. Taking with a meal may minimize the possibility of stomach upset. Iron deficiency is the most common nutrient deficiency in the United States, particularly among women of childbearing age.†

Store in a cool, dry place.

For your protection, do not use if imprinted seal under cap is broken or missing.

**Supplement Facts**

Serving Size 1 tablet

| Amount Per Tablet | % Daily Value |
|-------------------|---------------|
| Iron 65 mg        | 361%          |

**CAUTION:** Iron supplements may interact with certain medications. If you are taking prescription medications, or are pregnant or nursing, consult your healthcare provider before taking this product.

**WARNING:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Each tablet contains 65 mg elemental iron equivalent to 325 mg ferrous sulfate.

**INGREDIENTS:** Ferrous Sulfate, Cellulose Gel, Dibasic Calcium Phosphate, Croscarmellose Sodium, Hydroxypropyl Methylcellulose, Titanium Dioxide (artificial color), Magnesium Stearate, Polyethylene Glycol, Polysorbate 80, Triethyl Citrate.

Distributed by: **Nature Made Nutritional Products**, Mission Hills, CA 91346-9606, U.S.A.  
1-800-276-2878 • [www.NatureMade.com](http://www.NatureMade.com)

Ferrous Sulfate Tablets USP

USP has tested and verified ingredients, potency and manufacturing process.

USP sets official standards for dietary supplements. [www.uspverified.org](http://www.uspverified.org)

†Valid only for U.S. and Puerto Rico residents.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**1080584**  
**JAN 2016**

**Lot:**  
**Exp.:**