



Nature Made®

SOLUTIONS

DAILY
Diabetes
HEALTH PACK[†]

Scientifically
formulated
nutritional support
for people with
prediabetes and diabetes[†]

6 supplements per packet
Multivitamin
Fish Oil with Vitamin D
Magnesium
Vitamin C
Alpha Lipoic Acid
Chromium

30 PACKETS
30 DAY SUPPLY
Dietary Supplement

[†] These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

✓ No Synthetic Dyes - Color Derived From Natural Source
✓ No Artificial Flavors
✓ Gluten Free

SUGGESTED USE: Adults, take the contents of 1 packet daily with water and a meal.
Store in a cool, dry place, out of reach of children.
Do not use product if packets printed with lot number are opened.
CAUTION: These packets contain magnesium and fish oil supplements. If you are pregnant, nursing, taking medication, have kidney disease or have blood clotting issues, consult your physician before use. People with diabetes should consult a doctor or pharmacist before purchasing or taking any supplements.

Supplement Facts			
Serving Size 1 Packet			
Amount Per Packet	% Daily Value	Amount Per Packet	% Daily Value
Calories 15		Iodine (as Potassium Iodide) 150 mcg	100%
Total Fat 1 g	1%**	Magnesium (as Magnesium Oxide) 300 mg	71%
Cholesterol 10 mg	3%	Zinc (as Zinc Oxide) 11 mg	100%
Total Carbohydrate 1 g	< 1%**	Selenium (as Sodium Selenate) 55 mcg	100%
Dietary Fiber less than 1 g	2%**	Copper (as Copper Sulfate) 0.9 mg	100%
Vitamin A 750 mcg	83%	Manganese (as Manganese Sulfate) 2.3 mg	100%
(as Retinyl Acetate and 40% as Beta Carotene)		Chromium 395 mcg	1125%
Vitamin C (as Ascorbic Acid) 590 mg	656%	(as Chromium Picolinate and Chromium Chloride)	
Vitamin D ₃ (as Cholecalciferol) 37.5 mcg (1500 IU)	188%	Molybdenum (as Sodium Molybdate) 45 mcg	100%
Vitamin E (as d-Alpha Tocopheryl Acetate) 22.5 mg	150%	Chloride (as Potassium Chloride) 70 mg	3%
Vitamin K (as Phytanadione) 30 mcg	25%	Potassium (as Potassium Chloride) 80 mg	2%
Thiamin (as Thiamine Mononitrate) 1.5 mg	125%	Boron (as Sodium Borate and Boric Acid) 150 mcg	*
Riboflavin 1.7 mg	131%	Nickel (as Nickel Sulfate) 5 mcg	*
Niacin (as Nicotinamide) 20 mg	125%	Silicon (as Silicon Dioxide) 2 mg	*
Vitamin B ₆ (as Pyridoxine Hydrochloride) 3 mg	176%	Vanadium (as Sodium Metavanadate) 10 mcg	*
Folate 830 mcg DFE (500 mcg Folic Acid)	206%	Lutein 250 mcg	*
Vitamin B ₁₂ (as Cyanocobalamin) 25 mcg	1042%	Lycopene 300 mcg	*
Biotin 30 mcg	100%	Alpha Lipoic Acid 50 mg	*
Pantothenic Acid 10 mg	200%	Green Tea leaf extract (Camellia sinensis) 50 mg	*
(as d-Calcium Pantothenate)		Polyphenols 25 mg	*
Calcium 220 mg	17%	Fish Oil 1200 mg	*
(as Dibasic Calcium Phosphate and Calcium Carbonate)		Total Omega-3 Fatty Acids 360 mg	*
Phosphorus 110 mg	9%	Omega-3 EPA and DHA 300 mg	*
(as Dibasic Calcium Phosphate)		Omega-3 Other 60 mg	*

OTHER INGREDIENTS: Cellulose Gel, Gelatin, Glycerin, Lactose, Modified Food Starch, Croscarmellose Sodium, Hypromellose, Water, Magnesium Stearate, Stearic Acid, Ethylcellulose, Color Added, Polyethylene Glycol, Tocopherols, Triethyl Citrate, Polysorbate 80.
CONTAINS: Milk.
DISTRIBUTED BY:
Nature Made Nutritional Products
West Hills, CA 91309-9903, USA
1-800-276-2878 • www.NatureMade.com
Packaged and quality tested in the USA. Made to our guaranteed purity and potency standards.
*Based on Pharmacy Times Survey of pharmacists recommending Diabetic Multivitamin Supplements.

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MULTIVITAMIN AND MINERAL SUPPLEMENT

Actual Size	Multivitamin/Mineral A supplement providing essential vitamins and minerals for daily nutritional support of the body. [†]
	Fish Oil with Vitamin D3 Fish oil provides EPA & DHA omega-3 fatty acids, which help support a healthy heart. [†] Vitamin D supports bone, teeth, muscle and immune health. [†] Vitamin D3 is the body's preferred form of vitamin D. [†]
	Magnesium Magnesium participates in more than 300 reactions in the body and is essential for nerve, muscle and heart function. [†] Magnesium also supports healthy bones and teeth and helps convert food to cellular energy. [†]
	Vitamin C Vitamin C helps neutralize free radicals and helps iron get absorbed in the body. [†] Vitamin C also helps support the immune system. [†]
	Alpha Lipoic Acid with Green Tea Antioxidant properties which neutralize free radicals. [†]
	Chromium Chromium is necessary for carbohydrate metabolism and utilization and helps support healthy glucose metabolism. [†]

[†]Vitamin D₃ is more effective than vitamin D₂ at raising and maintaining adequate levels of circulating vitamin D in the body.[†]

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Scientifically formulated
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Nature Made® Diabetes Health Pack provides essential nutrients that may be lacking due to the strain diabetes can put on the body's health.[†]
If you are not always eating a balanced diet, Nature Made® Diabetes Health Pack helps provide the nutrients you may be low in. Each pack provides a comprehensive combination of key vitamins, minerals, and other supplements.[†]

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