

List No. 1470
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Nature Made®

CALCIUM MAGNESIUM ZINC

with vitamin D3

Helps support strong bones†
Magnesium helps support nerve,
muscle and metabolic functions†



100 TABLETS | Dietary Supplement

SUGGESTED USE:

Adults, take 1 tablet up to 3 times daily with water and a meal.
Store tightly closed, in a cool, dry place, out of reach of children.
Do not use if imprinted seal under cap is broken or missing.

CAUTION:

If you have kidney disease or are taking any medication, consult your physician before use.

Supplement Facts

Serving Size 1 Tablet

Amount Per Tablet	% Daily Value
Vitamin D ₃ (as Cholecalciferol) 5 mcg (200 IU)	25%
Calcium (as Calcium Carbonate) 333 mg	26%
Magnesium (as Magnesium Oxide) 133 mg	32%
Zinc (as Zinc Sulfate) 5 mg	45%

DISTRIBUTED BY:

Nature Made Nutritional Products
West Hills, CA 91309-9903, USA
1-800-276-2878 • www.NatureMade.com

USP has tested and verified ingredients, potency and manufacturing process.
USP sets official standards for dietary supplements. www.uspverified.org

MAY HELP REDUCE RISK OF OSTEOPOROSIS

Adequate calcium and vitamin D throughout life, as part of a well-balanced diet, may reduce the risk of osteoporosis.

- ✓ No Synthetic Dyes - Color Derived from Natural Source
- ✓ No Artificial Flavors
- ✓ Gluten Free

OTHER INGREDIENTS:

Cellulose Gel, Maltodextrin, Croscarmellose Sodium, Hypromellose, Silicon Dioxide, Color Added, Magnesium Stearate, Polyethylene Glycol, Triethyl Citrate, Polysorbate 80, Sodium Citrate, Gelatin.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.