

List No. 2730
L400 Cat. A495
5A044

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.




Nature Made®

1000 mcg

B12 TIME
RELEASE

Helps convert food into
cellular energy†

75 TABLETS | Dietary Supplement

SUGGESTED USE:

Adults, take 1 tablet daily with water and a meal.

Store tightly closed, in a cool, dry place, out of reach of children.

Do not use if imprinted seal under cap is broken or missing.

Our time release formula extends vitamin absorption by the body.

- ✓ No Color Added
- ✓ No Artificial Flavors
- ✓ No Preservatives
- ✓ Gluten Free

Supplement Facts

Serving Size 1 Tablet

Amount Per Tablet	% Daily Value
Vitamin B ₁₂ (as Cyanocobalamin) 1000 mcg	41,667%
Calcium (as Dibasic Calcium Phosphate) 120 mg	10%

OTHER INGREDIENTS:

Cellulose Gel, Hypromellose, Stearic Acid, Silicon Dioxide, Magnesium Stearate, Croscarmellose Sodium.

DISTRIBUTED BY:

Nature Made Nutritional Products

West Hills, CA 91309-9903, USA

1-800-276-2878 • www.NatureMade.com

CAUTION:

If you are taking medication, consult your physician before use.

†Tableted and quality tested in the USA. Made to our guaranteed purity and potency standards.

*Based on Pharmacy Times Survey of pharmacists recommending Letter Vitamin Supplements.