

**Doctor's Best Stabilized R-Lipoic Acid** contains BioEnhanced® Na-RALA, the sodium salt of R-Lipoic acid (RLA). BioEnhanced® Na-RALA is in its natural and stabilized form of RLA that won't degrade at high temperatures, and is more bio-available and biologically active.\* Lipoic acid (LA) plays an important role in glucose metabolism and energy production. LA is both fat and water soluble. Studies suggests that LA may support the body's antioxidant defenses.\* D-Biotin is an integral part of enzyme activity necessary for the breakdown and conversion of fatty acids and carbohydrates into energy.

**Helps support glucose metabolism and energy production\***

**Helps support the body's antioxidant defenses\***  
**D-Biotin helps metabolize fatty acids and carbohydrates\***

**\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**



YDRB278-5

**Dietary Supplement**

**200 mg • 60 Veggie Caps**

**Doctor's BEST®**

**Science-Based Nutrition™**

**Stabilized R-Lipoic Acid with BioEnhanced® Na-RALA**

**HELPS SUPPORT GLUCOSE METABOLISM AND ENERGY PRODUCTION\***



**Supplement Facts**

Serving Size 1 Veggie Capsule  
 Servings Per Container 60

	Amount Per Serving	% Daily Value
D-Biotin	150 mcg	500%
R-Lipoic acid (from BioEnhanced® Na-RALA Sodium R-alpha Lipoate)	200 mg	†

† Daily Value not established.

**Other Ingredients:** Hypromellose (vegetarian capsule), cellulose, magnesium stearate (vegetable source), silicon dioxide.

**Suggested Adult Use:** Take 1 capsule daily preferably on an empty stomach, or as recommended by a nutritionally informed physician.

Manufactured for **Doctor's Best, Inc.**  
 Tustin, California, 92780 USA (800) 777-2474

**Non-GMO / Gluten Free / Soy Free / Vegan**  
 Store in a cool dry place.

BioEnhanced® Na-RALA is a registered trademark of GeroNova Research, Inc.

[drbvitamins.com](http://drbvitamins.com)

