

Bromelain is an enzyme derived from pineapple stem and fruit that has proteolytic (protein-digesting) properties. The bromelain found in **Doctor's Best 3000 GDU Bromelain** is one of the most potent forms of this enzyme found on the market. The 3000 GDU refers to the standardization of enzymatic potency and reflects the quality of the raw material used in the product. Bromelain is renowned for its digestion-enhancing characteristics and also has beneficial systemic effects within the body.* Bromelain may also help support heart and joint health.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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YDRB215-3

Dietary
Supplement

Doctor's
BEST®

Science-Based
Nutrition™

High Potency Bromelain 3000 GDU

HELPS SUPPORT HEALTHY
DIGESTION AND JOINT COMFORT*

500mg • 90 Veggie Caps 

Supplement Facts

Serving Size 1 Veggie Capsule
Servings Per Container 90

	Amount per Serving	% Daily Value
Bromelain (extract from pineapple) (stem) (3,000 Gelatin Digesting Units per gram)	500 mg	†

† Daily Value not established.

Other Ingredients: Hypromellose (vegetarian capsule), microcrystalline cellulose.

Suggested Adult Use: Take 1 capsule with each meal for digestive support, or 1 capsule twice daily for joint support, or as recommended by a nutritionally informed physician.

WARNING: Consult with a physician before using bromelain, if you are on blood-thinners, other medications, or have medical disorders. Stop using bromelain at least two weeks before surgery. Not recommended for children or for women who are pregnant or breastfeeding.

Manufactured for **Doctor's Best, Inc.**
Tustin, California, 92780 USA (800) 777-2474

Non-GMO / Gluten Free / Vegan
Store in a cool dry place.