

Doctor's Best High Absorption Magnesium provides a daily dose of high absorption magnesium without the gastrointestinal distress.\*

This superior formula with 100% chelated lysinate glycinate magnesium absorbs effectively to support muscle relaxation and optimum nerve function.\*

- Supports muscle relaxation and restful sleep\*
- Essential in 300 enzyme systems that support biochemical functions\*
- Up to 6x better absorbed than other forms of magnesium\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

NOTE: Some settling of contents may occur, which may cause slight variations in number of servings. PRODUCT IS SOLD BY WEIGHT NOT BY VOLUME.

Store in a cool dry place.



YDRB408-3



Dietary Supplement

Science-Based Nutrition™

Doctor's BEST®

# High Absorption Magnesium Powder

Lysinate Glycinate 100% Chelated

Muscle Relaxation & Healthy Sleep Support\*

Net Wt. 7.1 oz (200 grams)



## Supplement Facts

Serving Size 1 scoop (~2 grams)  
Servings Per Container Approximately 100

|                                                      | Amount Per Serving | % Daily Value |
|------------------------------------------------------|--------------------|---------------|
| Magnesium                                            | 200 mg             | 48%           |
| (from 2,000 mg magnesium lysinate glycinate chelate) |                    |               |

Other Ingredients: None  
Suggested Adult Use: Mix 1 level scoop with 8-oz. fruit juice or beverage of your choice twice daily, or as recommended by a nutritionally informed physician.

Manufactured for Doctor's Best, Inc.  
Tustin, California, 92780 USA (800) 777-2474

Non-GMO / Gluten Free / Soy Free / Vegan

Amino acid chelate supplied by Balchem Corporation. The Albion Gold Medallion design is a trademark of Albion Laboratories, Inc. U.S. Patent 7,838,042.

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N121411B MAR 2024