

Doctor's Best Magnesium provides a daily dose of high absorption magnesium without the gastrointestinal distress.*

This superior formula with 100% chelated lysinate glycinate magnesium absorbs effectively to support muscle relaxation and optimum nerve function.*

- Supports muscle relaxation and restful sleep*
- Essential in 300 enzyme systems that support biochemical functions*
- Up to 6x better absorbed than other forms of magnesium*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



YDRB087-9



Dietary
Supplement

**Doctor's
BEST®**

**Science-Based
Nutrition™**

High Absorption Magnesium

Lysinate Glycinate 100% Chelated

Muscle Relaxation & Healthy Sleep Support*

100 mg • 240 Tablets



Supplement Facts

Serving Size 2 Tablets
Servings Per Container 120

	Amount Per Serving	% Daily Value
Magnesium (from 2,000 mg magnesium lysinate glycinate chelate)	200 mg	48%

Other Ingredients: Microcrystalline cellulose, croscarmellose sodium, magnesium stearate (vegetable source), stearic acid, hypromellose and hydroxypropyl cellulose (coating).

Suggested Adult Use: Take 2 tablets twice daily, or as recommended by a nutritionally informed physician.

Manufactured for **Doctor's Best, Inc.**
Tustin, California, 92780 USA
(800) 777-2474

Non-GMO / Gluten Free / Soy Free / Vegan
Store in a cool dry place.

Amino acid chelate supplied by Balchem Corporation. The Albion Gold Medallion design is a trademark of Albion Laboratories, Inc. U.S. Patent 7,838,042.

drbvitamins.com

