

Doctor's Best Curcumin with Curcumin C3 Complex® and BioPerine® contains a potent standardized extract of *Curcuma longa* root, known as turmeric. Turmeric has centuries of tradition in Ayurvedic healing. The active ingredients in *Curcuma longa* are curcuminoids, compounds that demonstrate potent antioxidant properties in scientific studies.* Curcuminoids may benefit the joints, brain, heart and circulatory system by helping to neutralize free radicals.*

BioPerine® is an extract of Black Pepper fruit that contains 95% piperine as a natural bio-enhancer to promote absorption.*

Helps support cells and tissues by neutralizing free radicals*

Helps support connective tissues by inhibiting destructive enzymes*

BioPerine® helps promote absorption of nutrients in the GI tract*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



YDRB195-3

Dietary Supplement

Doctor's BEST®

Science-Based Nutrition™

High Absorption, Curcumin from Turmeric Root with CURCUMIN C3 COMPLEX® and BIOPERINE®

MAY BENEFIT THE JOINTS BY HELPING TO NEUTRALIZE FREE RADICALS*

1000 mg • 120 Tablets

Supplement Facts

Serving Size 1 Tablet
Servings Per Container 120

	Amount Per Serving	% Daily Value
Curcumin C3 Complex®	1000 mg	†
Turmeric extract (<i>Curcuma longa</i>)(root), standardized to contain 95% Curcuminoids, including: Bisdemethoxycurcumin (2.2 - 6.5%) Demethoxycurcumin (15 - 19%) Curcumin (75 - 81%)		
Black Pepper Ext. (<i>Piper nigrum</i>)(fruit)	5 mg	†
(standardized to contain 95% Piperine)(BioPerine®)		
† Daily Value not established.		

Other Ingredients: Microcrystalline cellulose, sodium starch glycolate, magnesium stearate (vegetable source), silicon dioxide, hypromellose (coating).

Suggested Adult Use: Take 1 tablet daily with food, or as recommended by a nutritionally informed physician.

WARNING: If you are pregnant, nursing, taking medications for diabetes or blood thinners, consult your physician before taking Curcumin.

Manufactured for **Doctor's Best, Inc.**
Tustin, California, 92780 USA (800) 777-2474

Non-GMO / Gluten Free / Soy Free / Vegan
This product contains natural ingredients that may vary in color. Store in a cool dry place.

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