

**Doctor's Best Glucosamine Chondroitin MSM** provides three important nutrients to support healthy joints and connective tissues: glucosamine, chondroitin and Methylsulfonylmethane (MSM, from OptiMSM®).\*

Glucosamine sulfate supports joint mobility.\* Chondroitin, a building block of cartilage, works to enhance joint comfort and lubrication.\* MSM supplies natural bioavailable sulfur needed to support joint health in addition to beauty benefits for hair, skin, and nails.\*

**Supports:**

- Joint health, mobility, and comfort\*
- Overall health for vibrant hair, skin, and nails\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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YDRB081-7

Dietary Supplement

*Doctor's*  
**BEST**®

**Science-Based Nutrition™**

**Glucosamine Chondroitin MSM** with OptiMSM

**HEALTHY JOINT SUPPORT\***

**240 Capsules**

**Supplement Facts**

Serving Size 4 Capsules  
 Servings Per Container 60

	Amount Per Serving	% Daily Value
Chloride (from glucosamine sulfate 2KCl)	172 mg	7%
Sodium (from chondroitin sulfate sodium)	150 mg	7%
Potassium (from glucosamine sulfate 2KCl)	180 mg	4%
Glucosamine Sulfate 2KCl	1500 mg	†
Chondroitin Sulfate (from chondroitin sulfate sodium)	1200 mg	†
MSM (Methylsulfonylmethane)(OptiMSM®)	1000 mg	†

† Daily Value not established.

**Other Ingredients:** Gelatin (capsule), magnesium stearate (vegetable source), microcrystalline cellulose, silicon dioxide.

**Contains Shellfish (crab and shrimp shells)**

**Suggested Adult Use:** Take 4 capsules daily with food, or as recommended by a nutritionally informed physician.

**WARNING:** Consult your physician before using any health supplement if pregnant, lactating, have a medical condition, or taking medications for diabetes, glaucoma or warfarin. Not for use by individuals under the age of 18 years. Keep out of reach of children.

**Non-GMO / Gluten Free / Soy Free**

Store in a cool dry place.

Manufactured for **Doctor's Best, Inc.**  
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