

Doctor's Best Glucosamine Chondroitin MSM provides three important nutrients to support healthy joints and connective tissues: glucosamine, chondroitin and Methylsulfonylmethane (MSM, from OptiMSM®).*

Glucosamine sulfate supports joint mobility.* Chondroitin, a building block of cartilage, works to enhance joint comfort and lubrication.* MSM supplies natural bioavailable sulfur needed to support joint health in addition to beauty benefits for hair, skin, and nails.*

Supports:

- Joint health, mobility, and comfort*
- Overall health for vibrant hair, skin, and nails*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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YDRB080V-5

Dietary
Supplement

**Doctor's
BEST®**

**Science-Based
Nutrition™**

**Glucosamine
Chondroitin
MSM** with
OptiMSM

HEALTHY JOINT SUPPORT*

120 Veggie Capsules

Supplement Facts

Serving Size 4 Veggie Capsules
Servings Per Container 30

	Amount Per Serving	% Daily Value
Chloride (from glucosamine sulfate 2KCl)	172 mg	7%
Sodium (from chondroitin sulfate sodium)	150 mg	7%
Potassium (from glucosamine sulfate 2KCl)	180 mg	4%
Glucosamine Sulfate 2KCl	1500 mg	†
Chondroitin Sulfate (from chondroitin sulfate sodium)	1200 mg	†
MSM (Methylsulfonylmethane)(OptiMSM®)	1000 mg	†

† Daily Value not established.

Other Ingredients: Hypromellose (vegetarian capsule), magnesium stearate (vegetable source), microcrystalline cellulose, silicon dioxide.

Contains Shellfish (crab and shrimp shells)

Suggested Adult Use: Take 4 capsules daily with food, or as recommended by a nutritionally informed physician.

WARNING: Consult your physician before using any health supplement if pregnant, lactating, have a medical condition, or taking medications for diabetes, glaucoma or warfarin. Not for use by individuals under the age of 18 years. Keep out of reach of children.

Non-GMO / Gluten Free / Soy Free

Store in a cool dry place.

Manufactured for **Doctor's Best, Inc.**
Tustin, California, 92780 USA (800) 777-2474