

Doctor's Best Fully Active B12 provides a vitamin B12 in its most bioactive form as Methylcobalamin for optimum absorption. Vitamin B12 is a key factor involved in DNA synthesis, fatty acid and amino acid metabolism in the body. It is essential in the production of red blood cells in the bone marrow and nerve sheath. Vitamin B12 is essential for neurological health, mood and energy.*

Helps support healthy memory and mood*

Helps support red blood cell formation*

Helps support energy levels*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Doctor's BEST

Science-Based Nutrition™

Fully Active B12

HELPS SUPPORT HEALTHY MEMORY, MOOD AND ENERGY*



Dietary Supplement 1500 mcg • 180 Veggie Caps

Supplement Facts

Serving Size 1 Veggie Capsule
Servings Per Container 180

	Amount Per Serving	%Daily Value
Vitamin B12 (as Methylcobalamin)	1500 mcg	62500%

Other Ingredients: Microcrystalline cellulose, hypromellose (vegetarian capsule).

Suggested Adult Use: Take 1 capsule daily with a meal, or as recommended by a nutritionally informed physician.

Manufactured for **Doctor's Best, Inc.**
Tustin, California, 92780 USA (800) 777-2474

Non-GMO / Gluten Free / Soy Free / Vegan
Store in a cool dry place.

drbvitamins.com

