

Doctor's Best Collagen Types 1 and 3 contains hydrolyzed collagen protein (BSE-Free), which contributes to the growth and maintenance of healthy tissues.* Collagen is the structural protein essential for the strength of bones and flexibility of joints, tendons, ligaments, hair, skin, nails, and other tissues throughout the body.*

Vitamin C is added to the formula as an important nutrient required for collagen synthesis by the body.*

Helps support healthy hair, skin and nails*

Helps support the strength of bones and flexibility of joints, tendons and ligaments*

Provides improved bioavailability due to the low molecular weight of component peptides*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

drbvitamins.com



YDRB263-8

Dietary
Supplement

**Doctor's
BEST®**

**Science-Based
Nutrition™**

Collagen Types 1 and 3

with **Peptan** and Vitamin C

**ESSENTIAL STRUCTURAL SUPPORT FOR HAIR,
SKIN, NAILS, TENDONS, LIGAMENTS, AND BONES***

500 mg • 240 Capsules

Supplement Facts

Serving Size 4 Capsules
Servings Per Container 60

Amount Per Serving		% Daily Value
Calories	5	
Protein (from hydrolyzed collagen Types 1 and 3)	2 g	
Vitamin C (as calcium ascorbate)	30 mg	33%
Hydrolyzed Collagen Types 1 and 3	2 g (2000 mg) †	

† Daily Value not established.

Other Ingredients: Microcrystalline cellulose, gelatin (capsule), magnesium stearate (vegetable source), silicon dioxide.

Suggested Adult Use: Take 4 capsules twice daily on an empty stomach at least 30 minutes before meals, or as recommended by a nutritionally informed physician. To ensure optimal collagen absorption, avoid taking protein supplements within one hour of consumption.

Non-GMO / Gluten Free / Soy Free

BSE-Free Hydrolyzed Collagen Types 1 and 3

Store in a cool dry place.

Manufactured for **Doctor's Best, Inc.**
Tustin, California, 92780 USA (800) 777-2474

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