

Doctor's Best Biotin provides a substantial dose of the B-complex vitamin biotin. Biotin is indispensable for the unique function of "biotinylation" that facilitates both energy and protein metabolism and healthy DNA activity. Clinical observations of biotin deficiency show its importance for the upkeep of healthy skin and hair, as well as for the immune and central nervous systems. Preliminary evidence also suggests that biotin can help promote healthy nail renewal.\*

Helps support healthy hair, skin, and nails\*

Helps support gene regulation and DNA integrity\*

Helps support essential enzyme functions\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



YDRB373-3

Dietary Supplement

10,000 mcg • 120 Veggie Caps



Doctor's  
**BEST**®

Science-Based  
Nutrition™

**Biotin**

HELPS SUPPORT HEALTHY HAIR,  
SKIN, AND NAILS\*

## Supplement Facts

Serving Size 1 Veggie Capsule  
Servings Per Container 120

	Amount Per Serving	% Daily Value
Biotin	10,000 mcg	33330%

**Other Ingredients:** Microcrystalline cellulose, hypromellose (vegetarian capsule), magnesium stearate (vegetable source), silicon dioxide.

**Suggested Adult Use:** Take 1 capsule daily, with or without food, or as recommended by a nutritionally informed physician.

Manufactured for **Doctor's Best, Inc.**  
Tustin, California, 92780 USA (800) 777-2474

**Non-GMO / Gluten Free / Soy Free / Vegan**

Store in a cool dry place.

[drbvitamins.com](http://drbvitamins.com)

