

**Emerald**<sup>labs</sup>

The Additive-Free Company

Doctor-Formulated

*Sweet Dreams*  
**Melatonin**  
 Time-Release

• 3mg Pure Melatonin

60 Vegetable Capsules Dietary Supplement



Doctor Formulated

Made with  
NON-GMO Ingredients

No Mag Stearate



Gluten-Free



Vegan Formula

Directions: Adults, take one-two (1-2) capsules 30 minutes before bedtime or as directed by your health practitioner.

**Supplement Facts**

Serving Size: 1 Capsule    Servings Per Container: 60

Amount Per Serving    % Daily Value

**Melatonin**    3 mg    †

† Percentage Daily Value not established

Other Ingredients: Tocopherol Complex, Vegetable Capsules

Keep Out of Reach of Children. Do not use if safety seal on cap or printed inner seal is missing or broken. Consult a physician if pregnant, lactating, currently on prescription medication or diagnosed with auto-immune disorder, depression or a medical condition.

This product contains purified pharmaceutical grade Melatonin. Melatonin is naturally secreted by the Pineal Gland at night time. For best results, Melatonin should only be taken at night. Do NOT drive or operate machinery after taking Melatonin. Store in a Cool, Dry Place.

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent disease.

