

SUGGESTED USE Consume one capsule daily or as recommended by a health care professional. This product is most effective as part of a healthy diet and active lifestyle, along with one of **ANDREW LESSMAN'S** multi-vitamin-mineral formulas. **For answers to questions about the use of this product call 800.800.1200.**

WARNING Unless directed by a physician, Vitamin K is not for use with any anti-coagulant drugs (Coumadin, Warfarin, Heparin, etc). If you have ever experienced any blood clotting abnormalities, consult with a health professional before using this or any Vitamin K-containing product.

QUESTIONS? RE-ORDERS?
CALL 800.800.1200
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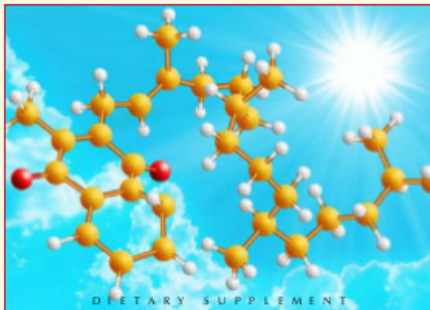
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VITAMIN K-2 MK-7 COMPLEX

HIGH ACTIVITY VITAMIN K-2
OPTIMUM SUPPORT FOR HEALTHY BONES



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360 Easy-to-Swallow Capsules

Andrew Lessman's VITAMIN K-2 MK-7 COMPLEX provides a high potency blend of the two most important forms of Vitamin K – Vitamin K-1 (Phytonadione) and most importantly, Vitamin K-2 (Menaquinone-7) to deliver the greatest benefits to bone and heart health. Vitamin K's name originates from its role in blood clotting (Koagulation in German), but today, its most important function centers around its powerful role in bone health and its requirement for the healthy utilization and retention of Calcium in bone. These remarkable benefits have now been consistently observed and established in the medical literature. Vitamin K-2, has also been shown to play an additional role in heart health. Our **Vitamin K-2 MK-7 Complex** delivers a pure source of Vitamin K-2 as Menaquinone-7 (MK-7) because of its uniquely higher activity and ability to provide greater benefits over a longer period of time in the body. We enhance its absorption with Organic Extra Virgin Olive Oil. Sadly, the best sources of Vitamins K-1 and K-2, respectively, are the green leafy vegetables we avoid and an unusual food called fermented natto from soybeans. Fortunately, our **Vitamin K-2 MK-7 Complex** makes it easy to obtain all the benefits of the most important forms of Vitamin K in a small, easy-to-swallow capsule.

This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

CONTAINS NO Milk, soy, yeast, corn, wheat, gluten, sodium, salt, cholesterol, sugar, color, preservative, common allergens or manufacturing additive.

CONTAINS NO ADDITIVES OF ANY KIND.

Supplement Facts		Serving Size 1 Softgel
		Servings Per Container 360
Amount Per Serving		%DV*
Vitamin K Complex	100 mcg	126%
as Vitamin K-2 (menaquinone-7, MK-7)	50 mcg	
as Vitamin K-1 (phytonadione)	50 mcg	
* Percent Daily Values (%DV) are based on a 2,000 calorie diet.		

Other Ingredients: Extra virgin olive oil (Organic), soft-gelatin capsule (gelatin, purified water, glycerin).