

GET THE MOST FROM YOUR MULTI!

Orchard Fruits™ & Garden Veggies™ Powder Blend	Men's Blend	Mushroom Defense Blend
Cardio Blend	Citrus Bioflavonoid Complex	Daily Greens™ Blend
Digestive Enzyme Blend	Mind & Body Energy Blend	



BALANCED FOR MEN 50+

With High Potency B-Vitamins including the active form of B-12

EYE HEALTH*

Beta-Carotene (Vitamin A)
Vitamins C, E, Lutein, Zinc

BONE HEALTH*

Calcium, Folate
Magnesium, Manganese
Vitamins D3, K

HEART HEALTH*

B-Vitamins
Vitamins C, E

IMMUNE HEALTH*

Selenium, Zinc
Vitamins A, C, D3

ENERGY METABOLISM*

B-Vitamins

MUSCLE FUNCTION*

Magnesium
Vitamins B6, D3

FREE FROM GLUTEN AND ARTIFICIAL COLORS

Keep out of reach of children. Safety sealed with inner seal. Do not use if seal is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.

LG13940.E01 BLK8652E



* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

HIGH POTENCY B-VITAMINS
to help convert food to fuel*

ONCE DAILY

Nature's Way

Alive!



MEN'S 50+ ULTRA POTENCY COMPLETE MULTIVITAMIN

Energizer™ with Food-Based Blends & Orchard Fruits™ / Garden Veggies™ Powder Blend (60 mg per serving)

150 TABLETS • MULTIVITAMIN SUPPLEMENT

Recommendations: Men take 1 tablet daily, preferably with food. Not formulated for women or children. Do not exceed recommended dose. **Warnings:** Do not take if you are pregnant, nursing, or under the age of 18. If you have a blood clotting issue, or if you are taking any medications, consult a healthcare professional before use.

Supplement Facts

Serving Size 1 Tablet	Amount per Serving	% DV*
Total Carbohydrate	<1 g	<1%
Vitamin A (as 50% (w/w) beta-carotene, 1,350 mcg)	1,350 mcg	150%
50% (w/w) (as retinol acetate)	210 mg	226%
Vitamin C (as ascorbic acid)	50 mcg	250%
Vitamin D3 (as cholecalciferol)	15 mcg	100%
Vitamin E (as d-alpha tocopheryl succinate)	120 mcg	100%
Vitamin K (as phytylmenadione)	20 mcg	1,667%
Thiamin (as thiamin mononitrate)	20 mcg	1,538%
Riboflavin	40 mg	250%
Niacin (as niacinamide)	20 mg	1,176%
Vitamin B6 (as pyridoxine HCl)	400 mcg (240 mcg Folic Acid)	100%
Folate	90 mcg	3,750%
Vitamin B12 (as methylcobalamin)	33 mcg	110%
Biotin	20 mcg	400%
Pantothenic Acid (as D-calcium pantothenate)	20 mg	4%
Choline (as choline bitartrate)	130 mg	10%
Calcium (as calcium carbonate, dicalcium phosphate)	150 mcg	100%
Iodine (as potassium iodide)	55 mcg	13%
Magnesium (as magnesium oxide)	22 mcg	200%
Zinc (as zinc oxide)	200 mcg	364%
Selenium (as sodium selenate)	1.8 mcg	200%
Copper (as copper sulfate)	5.8 mcg	252%
Manganese (as manganese sulfate)	45 mcg	100%
Molybdenum (as sodium molybdate)	101 mcg	100%

*Percent Daily Values (DV) are based on a 2,000 calorie diet.

*Daily Value not established.

Other Ingredients: cellulose, stearic acid, sodium croscarmellose, silica, magnesium stearate, hypromellose, glycerin, brown rice

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Bottled and tested in the USA • Questions? 1-800-9NATURE / naturerway.com