- Helps Support Vibrant Hair, Silky Skin & Healthy Nails†
- Supplies Vital Protein Building Blocks†
- Contains Essential Sulfur and Amino Acids for the Growth of Proteins found in Hair, Skin & Nail Growth†



## HAIR, SKIN & NAILS

INNER BEAUTY FORMULA

5000 MCG OF BIOTIN

**ESSENTIAL VITAMINS & MINERALS** 

## Supplement Facts

Serving Size: 1 Caplet Servings Per Container: 30

Amour	nt Per Serving	% Daily Value	
Thiamin (as thiamin HCI)	10 ma	833%	
Riboflavin	10 mg	769%	
Niacin (as niacinamide)	50 mg NE	313%	
Vitamin B6 (as pyridoxine HCI)	15 mg	882%	
Folate (as folic acid)	333 meg DFE	83%	١,
Vitamin B12 (as cyanocobalamin)	100 mcg	4,167%	Š
Biotin	5,000 mcg	16,667%	8
Pantothenic acid (as D-calcium pantothenate & pan	tethine) 50 mg	1,000%	CESONSON
Calcium (as dicalcium phosphate)	100 mg	8%	(
Phosphorus (as dicalcium phosphate)	80 mg	6%	
Zinc (as zinc oxide & zinc glycinate chelat	e) 30 mg	273%	
Manganese (as manganese citrate)	5 mg	217%	
Proprietary Blend:	645 mg		
DL-Methionine			66
Fo ti (Polygonum multiflorum) (root)	extract		N
Aloe vera (Aloe barbadensis) (inner l	eaf gel) extract		CCP/V# me#
Grape (Vitis vinifera) (skin) extract			#
Silica			
Methylsulfonylmethane (MSM)			1