Suggested Use: Take 5 capsules with an 8 oz. glass of juice or other liquid daily.

* Features natural soluble fiber and supporting herbs; promotes daily regularity and intestinal health*

Tamper Seal: Use only if seal is intact. Consult your health practitioner if you are pregnant or nursing, taking medication or have a medical condition, before taking this product. Store in a cool, dry place.

Keep out of reach of children.

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

Lot # 000000-12841 R22-1017 R8.8



Quantum Psyllium Fiber



DIETARY SUPPLEMENT

180 PLANT-SOURCE CAPSULES



NON GMO

PLANT BASED

PURITY VERIFIED

NO ADDED MAGNESIUM STEARATE

FORENSIC TESTED FOR ADULTERANTS



water)

Supplement Facts

Serving Size 5 Capsules Servings Per Container 36

Amount Per Serving % Daily Value†
Calories 10
Total Carbohydrate 2 9 1%

Total Carbohydrate 2 g 1%

Dietary Fiber 1 g 4%

Soluble Fiber 1 g

The Fiber Expert™ 1.5 g**

Organic Barley Grass (Hordeum vulgare), Organic Fennel (seed) (Foeniculum vulgare), Organic Chinese Rhubarb (root) (Rheum palmatum), Organic Marshmallow (root) (Althaea officinalis), Organic Cat Grass (Avena sativa), Organic Kalo

Organic Oat Grass (Avena sativa), Organic Kale (leaf), Organic Chlorella (whole; broken cell wall) (Chlorella sorokiniana), Organic Alfalfa (herb) (Medicago sativa), Organic Cilantro (leaf) (Coriandrum sativum), Organic Spinach (leaf) (Spinacia oleracea)

†Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value Not Established
Other Ingredients: Plant-Source Capsules (cellulose,

/Destau formulated / Nature

✓ Doctor-formulated ✓ Nature-sourced