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Appetite Suppressant for Women New

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease

# **How To Use**



### INITIAL USE



Take one capsule with a full 8oz glass of water 30 minutes before breakfast, and one capsule with a full 80z glass of water 30 minutes before lunch



### **CONTINUED USE**



If well-tolerated, increase dosage to two capsules with a full 8oz glass of water 30 minutes before breakfast, and two capsules with a full 80z glass of water 30 minutes before lunch, for a total of 4 capsules daily.

**HOW TO GET BEST RESULTS:** 

# **APPETITE SUPPRESSANT**



HELPS WITH **WEIGHT MANAGEMENT\*** SUPPRESSING APPETITE\* **INSULIN SENSITIVITY\*** 

## **Supplement Facts**

Serving Size Servings	2 Capsules 60		4 Capsules 30	
	Amount	%DV†	Amount	%DV†
Chromium (as chromium picolinate)	500mcg	1429%	1000mcg	2858%
Glucomannan	1000mg	**	2000mg	••

+ Percent Daily Value (DV) based on a 2,000 calorie diet

#### OTHER INCREDIENTS:

Hypromellose (Capsule), Rice Flour, Vegetable Magnesium Stearate Silica

### STORAGE INSTRUCTIONS:

Store in a cool, dry place.

### NOTICE:

For use as a dietary supplement only.

#### WARNING:

Take this product with at least a full 8oz, cup of water. Taking this product without adequate fluid may cause it to swell and block your throat or esophagus and may cause choking. Do not take this product if you have difficulty swallowing. If you experience chest pain, vomiting or difficulty swallowing or breathing after taking this product, seek immediate medical attention. If pregnant, nursing or taking any medications, consult a healthcare professional before use. Keep out of reach of children.

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