



www.informed-choice.com

Informed Choice® is a quality assurance program that certifies that all nutritional supplements that bear the Informed Choice logo have been regularly tested for banned substances by the world class sports anti-doping lab, LGC.

AMOUNTS PER SERVING
PROTEIN 52g
CALORIES 1280
CARBS 245g
FAT 11g
SUGAR 21g
BCAAs 10.7g
LEUCINE 5.1g

SUPER MASS GAINER IS FORMULATED FOR ONE THING: MASSIVE GAINS.

TAKE THE GUESSWORK OUT OF CALORIE INTAKE.

Gaining muscle mass and size can be very challenging, especially when you have a fast metabolism or find it difficult to consume enough calories and protein during the day. Super Mass Gainer is a high-quality mass and size gainer that is loaded with enough protein, BCAAs, calories, and other nutrients to help even the hardest gainers pack on mass and size. Unlike many other mass gainers out there, Super Mass Gainer also tastes delicious and has amazing mixability!

Super Mass Gainer is a powerhouse combination of 10.7 grams of BCAAs with 5.1 grams of Leucine and 1 gram of Creatine Monohydrate. Super Mass Gainer also has a blend of vitamins and minerals to aid in balanced nutrition.

RESEARCH & DEVELOPMENT

Dymatize® protein formulas are based on the latest science and have been tested in university studies and at elite training facilities. Dymatize protein powders are always manufactured in GMP Certified facilities, meaning that all ingredients and final products are rigorously tested and validated clean and safe. They are banned substance tested for athlete's reassurance by Informed Choice® (www.informed-choice.com).

Known worldwide for quality, taste and purity, Super Mass Gainer is made from high-quality ingredients and is produced to our highest quality standards.

Available in several delicious flavors, Super Mass Gainer is the perfect support for the most intense resistance training goals.

RICH CHOCOLATE
 naturally and artificially flavored



GET **DYMATIZED**



NET WT 6LB (2.7 kg)

SOLD BY WEIGHT NOT VOLUME

CALORIES **1280**
 PROTEIN **52g**
 CARBS **245g**



BANNED
 SUBSTANCE
 TESTED

SUPER MASS GAINER™

HIGH PROTEIN & CARB BLEND
 DIETARY SUPPLEMENT
 8 SERVINGS



RICH CHOCOLATE
 naturally and artificially flavored

Supplement Facts

Serving Size: 2 1/2 cups (335 g)
 Servings Per Container: About 8

	With 24oz Water		With 32oz Whole Milk	
	Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Calories	1280		1870	
Total Fat	11g	14%*	43g	55%*
Saturated Fat	3g	15%*	21g	105%*
Cholesterol	130mg	43%	225mg	75%
Total Carbohydrate	245g	89%*	292g	106%*
Dietary Fiber	3g	11%*	3g	11%*
Total Sugars	21g	**	70g	**
Includes Added Sugars	12g	24%*	12g	24%*
Protein	52g	100%*	83g	160%*
Vitamin C	52mg	58%	52mg	58%
Vitamin E	14.3mg	95%	15mg	100%
Thiamin	3.6mg	50%	1mg	83%
Riboflavin	3.2mg	15%	1.7mg	131%
Vitamin B6	1.5mg	88%	1.8mg	106%
Vitamin B12	1.8mcg	75%	5.8mcg	242%
Pantothenic Acid	3mg	160%	11mg	220%
Calcium	350mg	73%	1950mg	150%
Iron	4.5mg	25%	4.5mg	25%
Phosphorus	360mg	53%	1350mg	108%
Iodine	150mcg	100%	150mcg	100%
Magnesium	130mg	31%	205mg	49%
Sodium	580mg	25%	1000mg	43%
Potassium	1100mg	23%	2300mg	49%
Creatine Monohydrate	1g	**		

* Percent Daily Values are based on a 2,000 calorie diet.

** Daily Value not established.

INGREDIENTS: MALTODEXTRIN, PROTEIN BLEND (WHEY PROTEIN CONCENTRATE, MILK PROTEIN ISOLATE, WHEY PROTEIN ISOLATE, WHEY PROTEIN HYDROLYSATE, MICELLAR CASEIN), SUNFLOWER CREAMER (SUNFLOWER OIL, MALTODEXTRIN, SODIUM CASEINATE, MONO & DIGLYCERIDES, NATURAL TOCOPHEROLS AND TRICALCIUM PHOSPHATE), COCOA POWDER (PROCESSED WITH ALKALI), LESS THAN 2% OF: CREATINE MONOHYDRATE, FRUCTOSE, NATURAL AND ARTIFICIAL FLAVORS, VITAMIN & MINERAL BLEND (SODIUM ASCORBATE, D-ALPHA TOCOPHERYL ACETATE, CALCIUM-D-PANTOTHENATE, POTASSIUM IODIDE, PYRIDOXINE HYDROCHLORIDE, THIAMINE HYDROCHLORIDE, RIBOFLAVIN, CYANOCOBALAMIN), GUM BLEND (CELLULOSE GUM, XANTHAN GUM, CARRAGEENAN), POTASSIUM CHLORIDE, SALT, SOY LECITHIN, ACESULFAME POTASSIUM, SUCRALOSE, SUNFLOWER LECITHIN.

CONTAINS: MILK AND SOY.

MANUFACTURED FOR AND DISTRIBUTED BY:
 DYMATIZE ENTERPRISES, LLC
 EMERYVILLE, CA 94608 USA
 (888) 334-5326

CONTAINS A BIOENGINEERED FOOD INGREDIENT.
 STORE IN A COOL, DRY PLACE.
 KEEP OUT OF REACH OF CHILDREN.
 GLUTEN FREE

DYMATIZE.COM
 REGISTERED TRADEMARK OF DYMATIZE ENTERPRISES, LLC

DIRECTIONS: Add 2 1/2 cups of Super Mass Gainer to 24-32 fl. oz. of water or 32 fl. oz. of whole milk. Blend for 30-45 seconds. Add ice cubes, fruit or other ingredients as desired and blend for an additional 30-45 seconds.

Note: Using milk will provide a thicker, creamier, higher-calorie shake.

Shaker-cup friendly when using 1/2 serving or less. Shake for 30-45 seconds to allow for proper mixing.

TOTAL MACROS & AMINO ACID INFORMATION PER SERVING

CALORIES 1280

Are calories essential to gaining muscle?
 Yes! Especially for those with high metabolisms or who find it difficult to eat enough quality calories throughout the day. Calories are essential to gaining and sustaining muscle mass because they prevent your hard-earned muscle gains from being used as fuel during periods of heavy training.

FAT 11g

CARBS 245g

PROTEIN 52g

2:1 RATIO BCAAs 10.7g

LEUCINE 5.1g

Why Leucine?
 Leucine is the BCAA that is important to Muscle Protein Synthesis.

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52g PROTEIN
 Advanced Protein Blend. Muscles are composed of protein, and it should go without saying that consuming quality protein throughout the day is an important component to achieving your muscle mass goals. Super Mass Gainer contains a blend of high-quality slow and fast-digesting proteins to feed your muscles quickly.

10.7g BCAAs INCLUDING LEUCINE
 Why Leucine?
 Leucine is the BCAA that is important to Muscle Protein Synthesis.

CONSULT WITH A PHYSICIAN PRIOR TO USE IF YOU HAVE ANY MEDICAL CONDITIONS.

DO NOT USE IF PREGNANT OR LACTATING. USE ONLY AS DIRECTED.

MADE IN THE USA
 FROM DOMESTIC AND INTERNATIONAL INGREDIENTS

