



When you see the Informed Choice logo

Informed Choice® is a quality assurance program that certifies that all nutritional supplements that bear the Informed Choice logo have been regularly tested for banned substances by the world class sports anti-doping lab, LGC.

AMOUNTS
PER
SERVING

PROTEIN **52g** CALORIES **1280** CARBS **245g** FAT **10g** SUGAR **23g** BCAAs **10.7g** LEUCINE **5.1g**

SUPER MASS GAINER IS FORMULATED FOR ONE THING: MASSIVE GAINS.

TAKE THE GUESSWORK OUT OF CALORIE INTAKE.

Gaining muscle mass and size can be very challenging, especially when you have a fast metabolism or find it difficult to consume enough calories and protein during the day. Super Mass Gainer is a high-quality mass and size gainer that is loaded with enough protein, BCAAs, calories, and other nutrients to help even the hardest gainers pack on mass and size. Unlike many other mass gainers out there, Super Mass Gainer also tastes delicious and has amazing mixability!

Super Mass Gainer is a powerhouse combination of 10.7 grams of BCAAs with 5.1 grams of Leucine and 1 gram of Creatine Monohydrate. Super Mass Gainer also has a blend of vitamins and minerals to aid in balanced nutrition.

RESEARCH & DEVELOPMENT

Dymatize® protein formulas are based on the latest science and have been tested in university studies and at elite training facilities. Dymatize protein powders are always manufactured in GMP Certified facilities, meaning that all ingredients and final products are rigorously tested and validated clean and safe. They are banned substance tested for athlete's reassurance by Informed Choice® (www.informed-choice.com).

Known worldwide for quality, taste and purity, Super Mass Gainer is made from high-quality ingredients and is produced to our highest quality standards.

Available in several delicious flavors, Super Mass Gainer is the perfect support for the most intense resistance training goals.

GOURMET VANILLA
naturally and artificially flavored



GET **DYMATIZED**



NET WT 6 LB (2.7 kg)

SOLD BY WEIGHT NOT VOLUME

CALORIES **1280** PROTEIN **52g** CARBS **245g**



BANNED
SUBSTANCE
TESTED

SUPER MASS GAINER™

HIGH PROTEIN & CARB BLEND
DIETARY SUPPLEMENT
8 SERVINGS



GOURMET VANILLA
naturally and artificially flavored

Supplement Facts

Serving Size: 2 Scoops (33g)
Servings Per Container: About 8

	With 24oz Water		With 32oz Whole Milk	
	Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Calories	1280		1870	
Total Fat	10g	13%*	42g	54%*
Saturated Fat	2.5g	13%*	21g	105%*
Cholesterol	135mg	45%	230mg	77%
Total Carbohydrate	245g	89%*	292g	106%*
Total Sugars	23g	**	72g	**
Includes Added Sugars	14g	28%*	14g	28%*
Protein	52g	103%*	83g	165%*
Vitamin C	52mg	58%	52mg	58%
Vitamin E	14.3mg	95%	15mg	100%
Thiamin	0.6mg	50%	1mg	83%
Riboflavin	0.2mg	15%	1.7mg	131%
Vitamin B6	1.5mg	88%	1.8mg	106%
Vitamin B12	1.8mcg	75%	5.8mcg	242%
Pantothenic Acid	8mg	160%	11mg	220%
Calcium	950mg	73%	1950mg	150%
Iron	0.4mg	2%	0.7mg	4%
Phosphorus	610mg	49%	1380mg	110%
Iodine	150mcg	100%	150mcg	100%
Magnesium	75mg	18%	165mg	39%
Sodium	450mg	20%	880mg	38%
Potassium	690mg	15%	1960mg	42%
Creatine Monohydrate	1g	**		

* Percent Daily Values are based on a 2,000 calorie diet.
** Daily Value not established.

INGREDIENTS: MALTODEXTRIN, PROTEIN BLEND (WHEY PROTEIN CONCENTRATE, MILK PROTEIN ISOLATE, WHEY PROTEIN ISOLATE, WHEY PROTEIN HYDROLYSATE, MICELLAR CASEIN), SUNFLOWER CREAMER (SUNFLOWER OIL, MALTODEXTRIN, SODIUM CASEINATE, MONO & DIGLYCERIDES, NATURAL TOCOPHEROLS AND TRICALCIUM PHOSPHATE), LESS THAN 2% OF: CREATINE MONOHYDRATE, FRUCTOSE, NATURAL AND ARTIFICIAL FLAVORS, VITAMIN & MINERAL BLEND (SODIUM ASCORBATE, D-ALPHA TOCOPHERYL ACETATE, CALCIUM-D-PANTOTHENATE, POTASSIUM IODIDE, PYRIDOXINE HYDROCHLORIDE, THIAMINE HYDROCHLORIDE, RIBOFLAVIN, CYANOCOBALAMIN), GUM BLEND (CELLULOSE GUM, XANTHAN GUM, CARRAGEENAN), POTASSIUM CHLORIDE, SOY LECITHIN, ACESULFAME POTASSIUM, SUCRALOSE, SUNFLOWER LECITHIN.

CONTAINS: MILK AND SOY.
MANUFACTURED FOR AND DISTRIBUTED BY:
DYMATIZE ENTERPRISES, LLC
EMERYVILLE, CA 94608 USA
(888) 334-5326

CONTAINS A BIOENGINEERED FOOD INGREDIENT.
STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.
GLUTEN FREE



DIRECTIONS: Add 2 ½ cups of Super Mass Gainer to 24–32 fl. oz. of water or 32 fl. oz. of whole milk. Blend for 30–45 seconds. Add ice cubes, fruit or other ingredients as desired and blend for an additional 30–45 seconds.

Note: Using milk will provide a thicker, creamier, higher-calorie shake.

Shaker-cup friendly when using ½ serving or less. Shake for 30–45 seconds to allow for proper mixing.

TOTAL MACROS & AMINO ACID INFORMATION PER SERVING

CALORIES
1280

FAT
10g

CARBS
245g

PROTEIN
52g

2:1:1 RATIO
BCAAs
10.7g

LEUCINE
5.1g

1280 CALORIES

Are calories essential to gaining muscle?

Yes! Especially for those with high metabolisms or who find it difficult to eat enough quality calories throughout the day. Calories are essential to gaining and sustaining muscle mass because they prevent your hard-earned muscle gains from being used as fuel during periods of heavy training.

52g PROTEIN

Advanced Protein Blend.

Muscles are composed of protein, and it should go without saying that consuming quality protein throughout the day is an important component to achieving your muscle mass goals. Super Mass Gainer contains a blend of high-quality slow and fast-digesting proteins to feed your muscles quickly.

10.7g BCAAs INCLUDING LEUCINE

Why Leucine?

Leucine is the BCAA that is important to Muscle Protein Synthesis.

CONSULT WITH A PHYSICIAN PRIOR TO USE IF YOU HAVE ANY MEDICAL CONDITIONS.
DO NOT USE IF PREGNANT OR LACTATING. USE ONLY AS DIRECTED.



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